



**A SUSTAINABLE
SOCIETY FOR ALL AGES**
Realizing the potential
of living longer

Effective measures on accessible technologies to promote active aging

Miguel Ángel Valero, Director of Ceapat, Imserso



Lisbon, 21Sep17

Bridging the gap ...

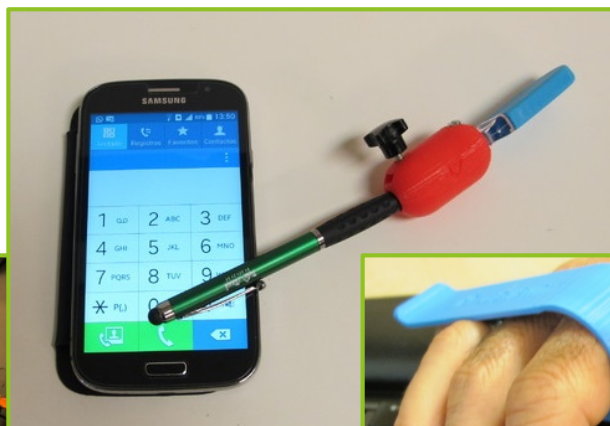
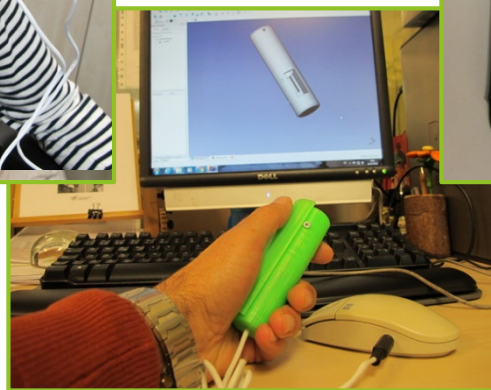
- ▶ Berlin & León Ministerial Declaration 2002, 2007
- ▶ Madrid International Plan of Action on Ageing
 - ❑ Older persons´ human rights
- ▶ Vienna Declaration 2012
 - ❑ Quality of Life and Active Aging
- ▶ Lisbon Declaration 2017
 - ❑ Potentiality of living longer



I. Longer working life & ability to work

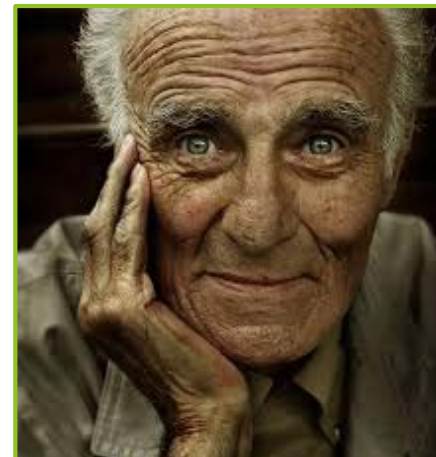
► 3D Person centred assistive technologies

□ <https://www.thingiverse.com/groups/ceapat3dsolutions>



II. Social inclusion of older persons

- ▶ Easy reading for all capacities and ages
 - http://www.ceapat.es/ceapat_01/redes/lect_fac



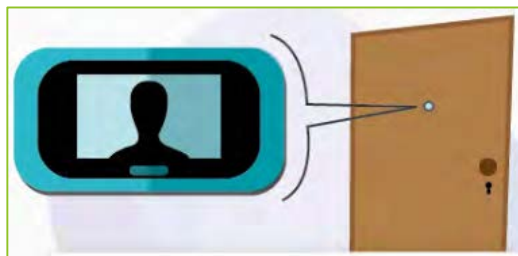
10 Decálogo
de apoyo a la Lectura Fácil



III. Independence in older age

► Information about age-valuable useful goods

□ <http://www.ceapat.es/InterPresent2/groups/imserso/documents/binario/haciendovidafacil.pdf>



IV. Intergenerational solidarity

► Ceapat International Week, "People, first"

□ www.ceapat.es/ceapat_01/el_ceapat/eventosceapat



Getting to conclude ...

1. Accessible technologies do foster physical, psychological and social well being for all ages
2. Elderly people demand affordable solutions
3. Stakeholders must work together sharing person centred hearts and minds
4. Quality of life at aging stages is hardly conditioned by personal autonomy
5. "Mens sana in corpore sano"





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