THE PEP WORKSHOP ON
Safe and Healthy Walking and Cycling in Urban Areas
24-25 September 2009, Pruhonice-Prague, Czech Republic
Making THE link: transport choices for our health, environment and prosperity!

3. High-Level Meeting on Transport, Health and Environment (Amsterdam, 22-23 January 2009)
Human-Powered Mobility
Walking and cycling

Cars trips in urban areas
• 50% are shorter than 5 km
• 30% are shorter than 3 km

Walking ok: up to 1 km (15 min)
Cycling ok: up to 5 km (20 min)
Human-Powered Mobility
Walking and cycling

Benefits for urban areas

• Individual fitness (public health)
• Reduction + seriousness of road accidents
• Less congestion
• Less noise and air pollution
• Increased attractiveness of city centers
• ...........
Human-Powered Mobility
Walking and cycling

Workshop programme

• Challenges and Opportunities
• Critical issues and Best Practices
• Role of Governments, Industry and Civil society
• Planning, Financing, Regulation Needs
• Integrated Policy Approach - The way forward:
  Action points for policy makers, industry and civil society
Safe and Healthy Walking and Cycling in Urban Areas

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