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STUDIES ON AGEING

Paper submitted by the Austrian Central Statistical Office

Abstract:

In June 1998, another survey on the living conditions of the elderly (over 60 years) will be conducted within the Austrian Microcensus for the fourth time (previous surveys: 1971, 1979 and 1987). This paper gives some technical information (sample size etc.) on the Austrian Microcensus and the "Basic programme", in general and on the 1998 questionnaire in particular.

One part of the questions (concerning survey on "Elderly" 1998) has to be answered by a representative person of the household (these questions appear on the so called household-sheet A) in order to obtain some information on the help of household members for elderly and - the other way round - on the assistance of older persons for the household.

The other part of the questions referring to this special programme are addressed only to household members aged 60 years or more (sheet B), analysing living conditions (f.i. health, relatives, help of other persons or social services, help for children etc., contact with relatives and friends, cultural interests, further education).

Introduction

1. Differentiated by numerous socio-demographic variables information about the Austrian population is currently provided by the Austrian Microcensus. This is a quarterly sample survey, which consists of two main parts: The constant "Basic Programme" and the quarterly changing "Special Programme" regarding different social or economic topics of actual interest. Additionally in certain intervals a special programme is dedicated totally to the elderly.

2. Because the constant questions of the Microcensus enable analysis according to the socio-demographic background of the respondents, first some technical information concerning this instrument is given. Afterwards the survey on "Elderly", which will be conducted in June 1998, is discussed; the technical annex contains questionnaire (translated into English).

The Austrian Microcensus

3. The Austrian Microcensus (AMC) was set up in 1967 and is carried out quarterly (in March, June, September and December). Till 1993 the AMC was a one-stage-, since 1994 it is a two-stage-stratified-random sample, with communes as the primary sampling units. The sampling ratio is 0,9% of all addresses (gross sample size: 31.000 dwellings); it differs between the Länder - in smaller provinces the sampling ratio is much higher than on the average. The AMC is a rotating sample - the selected addresses remain in the

sample for two years (= eight surveys), 1/8 of the addresses being changed per quarter. Data collection is mostly done by face-to-face interviews taken by about 1.200 interviewers. All members of a household are to be interviewed, but proxy answers are allowed.

4. Each survey contains a quarterly core questionnaire ("basic programme"), which usually is not changed; and a supplementary special questionnaire with varying topics. The core questionnaire consists of two parts:

- constant questions concerning the dwelling and the household (which have to be answered by one household member - "household-sheet A"),
- information on socio-demographic variables concerning each person living at this address ("sheet B" has to be filled in for each household member).

5. The quarterly changing special programme relates to various specific topics (like living conditions of specific population groups such as elderly, female population or physically disabled persons etc.), labour force, labour market, household or dwelling (equipment of households with durable goods, environmental conditions etc.). The questions of the special programme are usually placed on sheet B.

6. Sheet A as well as sheet B are optically readable forms. Answering to the core questionnaire is compulsory, whereas to the supplementary programmes is voluntary. The response rate for the basic programme is about 90%, non-response in supplementary programmes is about 5 to 20%.

The "Basic Programme"

7. Detailed analysis of a "special programme" can only be done by using the data from the core questionnaire and combining certain socio-demographic variables with the special programme. Therefore the different variables of the basic questionnaire (sheet A and B) are listed in the following:

Sheet A (for the household):

- A 1: Name and address
- A 2: Day of interview
- A 3: Reason, why no interview could be made (f.e. dwelling couldn't be found, nobody there, refusal to answer)
- A 4: Number of persons of household
- A 5: Household of the occupant of the dwelling / other household
- A 6: Indoor space in qm
- A 7: Number of living-rooms
- A 8: Tenure status (owner of the house/relative/owner of the dwelling/main-tenant/sub-tenant/other)
- A 9: Total costs for the dwelling in the last month in Shillings
- A 10: Costs for heating
- A 11: Maintenance-costs in Shillings
- A 12: Availability of bathroom within the dwelling
- A 13: Availability of shower within the dwelling
- A 14: Availability of toilet within the dwelling
- A 15: Availability of water supply within the dwelling
- A 16: Kind of heating (district heating/central heating for the house/gas convection heaters/built-in electric unit/central heating only for the dwelling/stove)

Sheet B for each individual (household member):

- B 1: Name and address
- B 2: Person responding (by the person her/him/self / by another person)
- B 3: Reasons for changes (birth / death / move to another household)
- B 4: Date of birth

- B 5: Position within the household (head of household/spouse to the head of household, living in consensual union with head of household/child of head of household/parents of head of household/other person (additionally it is asked if the spouse or life companion or the parents of this person live in the household)
- B 6: Sex
- B 7: Nationality (Austrian/Former Yugoslavia/Turkish/other)
- B 8: Marital status (single/married/widowed/divorced)
- B 9: School or university enrolment
- B 10: Status in employment (employed - normal working hours at least one hour per week/military or community service/parental leave/new job to start in the future/lay-off/others)
- B 11: At least one hour worked during the last week (paid work as well as assistance as a family helper)
- B 12: Search for employment
- B 13: Main two methods used to find work during the last four weeks
- B 14: Start of work possible within the next two weeks (from the point of the respondent)
- B 15: Registration at a public employment office
- B 16: Period of time since the last contact to a public employment office (weeks)
- B 17: Occupational status and qualification of employed (including persons in parental leave and previous occupational status of unemployed)
- B 18: Occupation (open-ended question, with coding in the statistical office; employed and unemployed)
- B 19: Industrial sector (open-ended question, with coding in the statistical office; employed and unemployed)
- B 20: Number of hours usually worked per week
- B 21: Number of hours actually worked during the last week
- B 22: Highest type of formal education completed (no school completed/elementary school/apprenticeship/medium level vocational training/higher technical and vocational training/non-universitary tertiary education/university)
- B 23: Economic status -subsistency-concept (employed/unemployed/retired/not employed housewife/student, child at school/others)
- B 24: Previous occupational status (retired and not employed housewives)

Special Programme on the "Elderly" (June 1998)

8. Before explaining the structure of the questionnaire some background-information concerning the changes in the Austrian demographic situation is presented:

Age structure of Austrian population 1967 and 1996 by sex

	1967			1996		
	Total	Females	Males	Total	Females	Males
in 1.000						
Under 60	5.869,7	3.020,3	2.849,4	6.469,4	3.180,8	3.288,6
60 to 64	453,7	254,7	199,0	360,6	189,6	171,0
65 to 69	386,9	225,3	161,6	368,4	202,4	166,0
70 to 74	279,8	175,9	103,9	348,3	220,5	127,8
75 to 79	182,8	118,7	64,2	210,6	139,7	70,9
80 plus	149,9	100,3	49,6	302,1	216,2	85,9
<i>60 plus</i>	1.453,2	874,9	578,3	1.590,0	968,4	621,6
total	7.322,8	3.895,2	3.427,7	8.059,4	4.149,2	3.910,2
in %						
Under 60	80,2	77,5	83,1	80,3	76,7	84,1
60 to 64	6,2	6,5	5,8	4,5	4,6	4,4
65 to 69	5,3	5,8	4,7	4,6	4,9	4,2
70 to 74	3,8	4,5	3,0	4,3	5,3	3,3
75 to 79	2,5	3,0	1,9	2,6	3,4	1,8
80 plus	2,0	2,6	1,4	3,7	5,2	2,2
<i>60 plus</i>	19,8	22,5	16,9	19,7	23,3	15,9
total	100,0	100,0	100,0	100,0	100,0	100,0

Source: Population extrapolation 1967 and 1996.

9. Within the Austrian Microcensus in June 1998 this survey will be conducted for the fourth time (previous surveys: 1971, 1979 and 1987). To provide long-term comparisons the general structure of the recent questionnaire is similar to the preceding surveys - especially the 1987 one. Usually the questions of the quarterly changing special programmes are put on sheet B, whereas the survey on "elderly" consists of two main parts, which appear on sheet A and B.

10. The questions of sheet A (A 17 to A 28) have to be answered by each household (one person living at this address) in the sample. They analyse the assistance for household members (or the household as a whole) by persons over 60 years (living in the same or in another household) as well as the help of household members for elderly (of the same or another household). By asking all households (also younger persons) it is possible to get more detailed information on unpaid help between different generations. The infra-structure concerning the environment of the respondents' dwelling is also of interest.

11. The target group regarding the questions on sheet B (B 25 to B 37) covers all household members over 60 years (born before June 1938). Special living circumstances of older persons will be analysed by the items on sheet B. First it is necessary to get some information on their extent of social integration: Do they have relatives - are these living in the same household or how distant? Are they in regular contact (visits, phone calls) with their relatives and friends? Do they undertake certain "outdoor" activities - concerning cultural interests (theatre, opera etc.; including continued education) or other social contacts (f.e. going to a restaurant, cafe) together with some relatives, friends or alone? Central point of the variables on sheet B is the help obtained by older people from others (relatives, friends, social services, other paid help) if required. The (unpaid) help of the elderly for their children (as well as for other persons) is also of interest.

12. To get information on the state of health of older persons two structurally different items can be found in the questionnaire - on the one hand a judgement of the respondents themselves; on the other hand a registration of any functional limitations or activity restrictions. Nine essential activities are indicated in question B 32, the household members aged 60 years and more have three alternatives for responding - in the sense of no/medium/hard restriction. When analysing the data several activities will be related to one of the both categories: Either to the so called "Basic activities of daily living" (BADL) including behaviors such as

basic mobility functions (f.e. walking) and personal care such as dressing, personal hygiene, getting in and out of bed, eating., or to the "Instrumental ADL" (IADL) including household maintenance activities, such as preparing meals, doing light housework, getting around outside the home and shopping. Due to a missing official guideline concerning the degree of need of help definitions like "persons, who can't carry out at least one of these activities alone", "...at least one of the BADL..." and "...at least one of the IADL..." will be made instead of such a classification. The distinction between light and hard housework should be undertaken by the respondents themselves.

13. Further topics, which should be considered when analysing the living conditions of elderly, can be taken from other special programmes conducted within the Austrian Microcensus, e.g.: cultural and leisure-time activities; general time use structure; physical disabilities; income; expenditures; occupation; equipment of dwelling; journeys.

Technical Annex:

14. To obtain a better idea of the questionnaire (and formulation of essential questions) the several sub-topics will be separately presented in the following:

Sheet A (A 17 to A 28); to be answered by one member of each household in the sample):

- Target group concerning questions A 20 to A 27 (A 19):
"Are relatives or friends of the household (or of some household members) or household members themselves older than 60 years?"
If a household denies answer, he has to continue with item A 28.
- Assistance of the household by persons aged 60 years or more (A 20, A 21):
"Does your household get (unpaid) help from persons over 60 years (belonging to this or another household) with: housework - gardening, handicraft activities - childcare - care of adults - business? And how often: daily - several times per week - once a week - more seldom - never?"

Who helps your household: Head of household - spouse, companion - mother (in-law) - father (in-law) - child/ren (in-law) - brothers or sisters (in-law) - (great) grandfather - other relatives - friends?"

When indicating the person/s, who assist/s the household, the relationship to the head of household has to be considered. To facilitate interpretation of these data the reference number regarding the household member giving information on the items of sheet A has to be noted at the beginning (A 18).

- (Unpaid) Help for elderly by the household (A 22 - A 27):
"Does your household (or one or several members) help older persons (belonging to this or another household) and if yes, in which distance (from your household, with the usually used means of transport or by foot) are they living: in the same dwelling or house - maximally one quarter - maximally half an hour - maximally one hour - more than one hour away?"

Whom (relationship to head of household) do/es your household (or some members) help: head of household - spouse, companion - mother (in-law) - father (in-law) - child/ren (in-law) - brothers and sisters (in-law) - (great) grandfather - other relatives - friends?

Which member/s of your household support/s persons over 60 years: up to 4 reference numbers regarding these household members (order according to intensity of assistance) can be indicated?

Does your household (one or more member/s) help older persons in: personal activities (personal hygiene, dressing, eating etc.) - general and medical care (f.e. dressing wounds) - purchasing - preparing meals (including bringing the ready cooked meal included) - cleaning up - laundering, ironing - other housework (gardening, handicraft activities, heating etc.) - procurement, attending (f.e. medicaments, official channels) - going out (accompanying elderly: going for a walk, visiting someone together)? And how often: daily - several times a week - once a week - more seldom - never?

How many hours per week does your household help elderly altogether: up to 1 hour - 2 to 3 hours - 4 to 5 - 6 to 10 - 11 to 19 - 20 hours and more?

Do the older persons, who are supported by your household, receive additionally help from others in: personal activities - general and medical care - shopping - preparing meals - cleaning up - laundering, ironing - other housework - procurement, attending - going out? By whom: relatives (not belonging to your household), friends - and/or social services? And how often: daily - several times a week - once a week - more seldom?"

- Infra-structure (A 28):
"Which of the following institutions are near your dwelling or house, so that they (usually) can be reached by foot within 15 minutes: general practitioner, ambulance - pharmacy - grocery (super market) - post office - bank - public means of transport - restaurant - cultural, religious institution (f.e. cultural centre, church, cemetery) - public park (in communes with more than 5.000 inhabitants)."

Sheet B (B 25 to B 37; to be answered by all household members aged 60 plus - born before June 1938!):

- Family-structure (B 26):
"Do you have the following relatives: daughter - son - daughter-in-law - son-in-law - grandchild - great-grandchild - mother, father (in-law) - sisters and brothers? If yes, how far away from you are they living: in the same dwelling or house as you - maximally one quarter of an hour - maximally half an hour - maximally one hour - more far away?"
- (Unpaid) Help for children and other persons (B 27, B 28):
"Do you help your (grand-) child/ren (in-law) in: childcare - housework - gardening, handicraft work - care of adults - company? And how often: daily - several times a week - once a week - more seldom - never?"

Do you (additionally) support other persons in any way: daily - several times a week - once a week - more seldom - never? If yes, in an honorary capacity?"

- Support by others (B 29 - B 31):
"Do you receive (paid and unpaid) help from other persons or institutions in: personal activities - general and medical care - purchasing - preparing meals - cleaning up - laundering, ironing - other housework - procurement, attending - going out? And how often: daily - several times a week - once a week - more seldom - never? Do you need (additional) help in the mentioned fields of activity or not (not at all or still enough help)?"

Who assists you predominantly in each of these fields, is there anyone helping you supplementary? Is it: your spouse or companion - daughter (in-law) - son (in-law) - other female relative - other male relative - female friend - male friend - social service - other person (f.e. paid helper)?"

At each activity two - predominantly/supplementary - reference numbers regarding these persons or services can be indicated.

"How many hours per week are you supported by other persons or services altogether: up to 1 hour - 2 to 3 hours - 4 to 5 - 6 to 10 - 11 to 19 - 20 hours and more?"

If you need care at home in case of actual illness or permanent indigence (f.e. due to an impairment), who supports you mostly: your spouse, companion - daughter (in-law) - son (in-law) - other relative - friend - social service (f.i. Meals on wheels, Driving or Accompaniment Service) - nobody? Which of these persons cares for you, if you are maximally 1 week - for a longer period in need of help?"

- State of health (B 32, B 33):
"Are you usually (limitations due to an actual illness should not be indicated) able to carry out the following activities without help of other persons (possibly with certain auxiliaries - like wheel chair, crutch) - only with support of others - or is it impossible at all: getting up, going to bed - washing, dressing oneself - eating, drinking - moving within the dwelling - climbing up steps - "light" housework (f.e. cleaning up, dusting, washing the dishes, preparing meals)- (physically) "heavier" housework (as vacuuming, cleaning the windows, laundering and hanging up the washing, heating) - purchasing - going out, going on a visit?"

How do you - according to your own opinion - judge your state of health: very good - good - at a medium

level -bad - very bad?"

- Social contacts (B 34 - B 36):

"Do the following persons visit you: daughter - son - child-in-law - other relative - friend? And how often: daily - several times a week - once a week - more seldom - never?"

Do you visit the following persons: family members or further relatives - friends? And how often: daily - several times a week - once a week - more seldom - never?"


Do you talk to family members, further relatives or friends over the telephone? How often: daily - several times a week - once a week - more seldom - never?"

- Cultural interests (B 37):

"Do you attend the following institutions or events: restaurant - excursions (short leave, day trip) - cultural or educational events (like theatre, opera; course at adult education classes, studies; political lecture) - other meetings especially for elderly? In which intensity do you visit them: often - occasionally - (almost) never?"

Do you mainly undertake this activities together with (in the sense of a date): family members, other relatives - friends - or alone?"

Enclosures (copies of basic and special programme June 1998 - sheet A and B)

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