NATIONAL STRATEGIC POLICY FOR ACTIVE AGEING MALTA 2014-2020

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MALTA’S POPULATION PYRAMIDS
Based on three major themes:

- **Active participation in the labour market** – improving job opportunities and promoting employability of ageing workers

- **Participation in society** – addressing social exclusion by promoting engagement in society

- **Independent Living** – encouraging healthy ageing and independent living through preventative measures and by creating a more age friendly environment
The National Strategic Policy for Active Ageing has 75 policy recommendations.

The Active Ageing Unit has been set up to implement these policy recommendations.
ACTIVE PARTICIPATION IN THE LABOUR MARKET

- Lower rate of employment for older workers in Malta at 33.6% compared to the average of 48.9% in EU-27 European countries.
ACTIVE PARTICIPATION IN THE LABOUR MARKET

- Continuing vocational education and training
- Healthy working conditions
- Promoting increased flexibility.
- Age management-ensuring ageing workers have the same opportunities to recruitment, training opportunities and career development.
ACTIVE PARTICIPATION IN THE LABOUR MARKET

- Employment services for older workers - trained guidance workers to promote entry in employment and progression in their career.

- Targeting ageism and age discrimination and adapting legislation to take appropriate action.

- Employment-friendly tax/benefit systems – initiating financial incentives to remain or re-enter into the workforce.
ACTIVE PARTICIPATION IN THE LABOUR MARKET

- Transfer of experience

- Reconciliation of work and care - promoting entitlement to specific types of leave allowing time off to care for dependent others, and measures which help workers to adapt to work and care responsibilities.
PARTICIPATION IN SOCIETY

- Active Ageing also refers to continuous and active participation of older persons in social, economic, cultural and civic affairs.

- There are various difficulties encountered such as structural barriers, material and social exclusion.
PARTICIPATION IN SOCIETY

Addressing:
- Income security and poverty
- Social exclusion and vulnerable groups
- Older volunteering and grandparenthood
- Older adult learning
- Digital competence
- Civic Engagement
- Support for informal carers
- Intergenerational Solidarity
INDEPENDENT LIVING

Some older people may experience difficulties due to impaired physical and/or cognitive abilities.

It is important to ensure that all older people have a good quality of life.
INDEPENDENT LIVING

- Health prevention & promotion
- Acute & geriatric rehabilitation
- Mental health and well-being
- Community care services
- Age-friendly communities
- Dementia-friendly communities and services
- Maximising autonomy in long-term care
- Protection from abuse
- End-of-life care
For this change to occur all stakeholders must cooperate, liaison with different Ministries and with different organisations is being carried out. This is an ongoing process.

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