The Project description:
The Movement of the Third Age of Serbia for the fifth time this year is organizing THE OLYMPIAD SPORTS, HEALTH AND CULTURE OF THE THIRD AGE under the motto: "FOR ACTIVE AND CREATIVE AGE ". With this manifestation we celebrate the first October International Day for the elderly. Elderly people from Serbia and other countries are competing in the six team sports disciplines, participate in ecological action, painting colony, literary, and ethnic evenings and presenting their talents. Olympiad lasts five days, and preparations last all year around. Fourth Olympiad had 750 participants from 76 cities. During the Olympiad participants listen to lectures about health and social care, perform certain medical examinations, watch selected movies, go on trips, learn to work on computers, work with young volunteers, meet with peers from other areas and participate in evening party (see link: http://www.mediafire.com/?qdgbbjw420tqlxI). The Olympiad achievements: social inclusion of elderly persons and persons with special needs, education of elderly (work on computer), between generations cooperation, development of volunteering, promotion of healthy lifestyle, promotion of creativity of elderly, Gender Equality, preventive work with the elderly, raising ecological awareness, socializing and competition, new experiences, new friends and improving the quality of life.
This manifestation provides a contribution to the European Year for Active Ageing and Solidarity between Generations 2012.

Why is it considered a good practice: This manifestation has implemented many goals of the MIPAA/RIS. Elderly people accept with enthusiasm the Olimpyad of The Third Age

Timeline/duration of the project: 2008-2012, and will continue every year after.

Lessons learnt: Elderly people are interested to participate in sports, cultural, health, creative and similar activities. They should just be well informed and motivated in a right way to participate. Those who are already members of an organization (pensioners, NGO), is easy to include in this activities. They also help those who are alone, marginalized and outside of the organization, to get involved.

Relevance for the UNECE region: This is a manifestation where elderly from the other countries also can get involved. It can be tested as an example of good practice and can be implemented in any other country.

Location of the project: SERBIA – SOKOBANJA

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