AGEING ISSUES AND POLICIES IN RUSSIA
Total population: 141.9 mln. Federal Regions - 89
POPULATION OF RUSSIA
AND ECOSOC PROGNOSIS (MEDIUM VARIANT)

<table>
<thead>
<tr>
<th>Year</th>
<th>People aged 60+</th>
<th>Population (million people)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1991</td>
<td>23.9</td>
<td>124.6</td>
</tr>
<tr>
<td>2005</td>
<td>24.7</td>
<td>118.0</td>
</tr>
<tr>
<td>2010</td>
<td>25.2</td>
<td>116.7</td>
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<tr>
<td>2025</td>
<td>30.8</td>
<td>98.4</td>
</tr>
<tr>
<td>2050</td>
<td>36.2</td>
<td>75.6</td>
</tr>
</tbody>
</table>

People aged 60+
In 2010 the ratio of working people to pensioners reached 1.7.

By 2030 the ratio is expected to be 1:1.
POLICY DEVELOPMENT

• Concept of Demographic Policy of the Russian Federation for the period up to 2025 (Order № 1351 of 09.10.2007)

includes “adoption of special programmes for health maintenance and expanding healthy period of life for elderly people, development of gerontological service”
CONCEPT OF DEMOGRAPHIC DEVELOPMENT OF SAINT PETERSBURG FOR THE PERIOD UP TO 2015 (Resolution №1539 of 12.12.2006)

• development of the effective system of social care for elderly people will be one of the social priorities for the nearest decades

• adjusting the economy and social infrastructure of Saint Petersburg to the process of ageing of population
“SENIOR GENERATION” FORUM

Governmental bodies
• Scientists
• Businessmen
• NGOs
• Charity funds, public and confessional organizations
• Thematic Mass Media
• Manufacturers of goods and services for the elderly
• Senior people organizations
OBJECTIVES:

- integration of the existing science achievements into medical and social projects
- adaptation of healthcare and social protection systems to the challenges of ageing
- stimulation interaction for the furtherance of improvement of the life quality in old age
“SENIOR GENERATION” FORUM

Organizers:
• St. Petersburg Institute of Bioregulation and Gerontology
• “ExpoForum”, LLC
• St. Petersburg Committee for Social Policy
• Official support of the Ministry Public Health

FORUM

Seminars and round tables

Master-classes

Conferences

COURSES

“Everything for health” fare

Specialized Exhibition “Care, Aid, Assistance”

International Congress
“GRAND-MA ONLINE, GRAND-PA ONLINE”

- Training of PC usage skills
- Opportunities of Skype system
- Creating on personnel email address
- Social Networks
- Personal account: Payments control without leaving home
- IP-TV. What is it?

Online consultations by lawyers of the International College of Lawyers

Online meetings with cinema and theater authors
Psychology master-classes

- “How to be happy and healthy. Methods of self-regulation”
- “Effective activity of the elder person in family and society”
- “Me and the World”
- “Loneliness in modern society: how to accept and to overcome”
- “Stress. Emotion control”
SOCIAL TAXI

In 2011 548 724 people had an opportunity to use the service.

2/3 of them were of old age.
UNIVERSITY FOR THE ELDERLY

“SILVER AGE”


MAIN IDEA: involvement of the older population in active social life

OBJECTIVES: 1. adaptation of old people to the modern life  
2. providing opportunities for self-realization of old people  
3. socializing of old people

Since 2007 over than 3000 people “graduated” from the University
THANK YOU FOR YOUR ATTENTION!