The third expert panel is expected to consider what policy strategies could support active ageing as the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age. The panellists will look into what health measures are useful throughout the life-course to prevent disability and to promote well-being in older age, and how older persons can be empowered to live independently even if they are facing disability. The discussion will consider measures to better protect older people from abuse and neglect and to ensure their dignity and human rights. Setting quality standards for social care and health services, improving working conditions, the image and the training of professional care workers, reconciling work, family and care duties of informal caregivers are among the aspects to be addressed.

**Chair/Moderator:**  Mr. Manfred Huber  
Coordinator, Healthy Ageing, Disability and Long-Term Care, Regional Office for Europe, WHO, Copenhagen

**Keynote speaker:**  Mrs. Susanne Iwarrson  
Professor at the Lund University, Sweden  
Member of the EU-Programme „Futurage: A roadmap for European Ageing Research”

**Panellists:**  Ms. Olga Mikhailova  
Executive Director, Saint Petersburg Institute of Bioregulation and Gerontology  
Mr. Dirk Jarré  
EURAG, NGO forum coordinator  
Mr. Dieter Hackler  
Director General, Department for Senior Citizens, Welfare and Engagement Policies, Federal Ministry of Family Affairs, Women, Senior Citizens and Youth, Germany  
Mr. Edwin Walker  
Deputy Assistant Secretary for Aging, United States  
Mrs. Reeli Sirotkina  
Chief Specialist, Social Welfare Department, Ministry of Social Affairs, Estonia  
Ms. Nadezhda Uskova  
Deputy Director of the Department of Demographic Policy and Social Protection, Ministry of Labour and Social Protection, Russian Federation

**Rapporteur:**  Mrs. Saodat Kamalova  
Director, Central Asian Gerontological Centre, Tajikistan

**Discussion and questions from the audience**

18:00  
*Closing of the first day*