



Ageing with Dignity

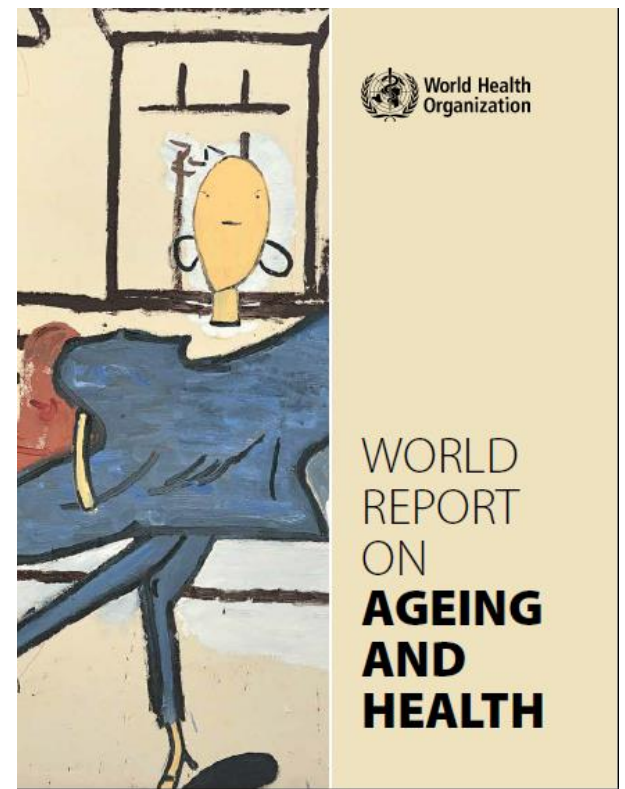
John Beard



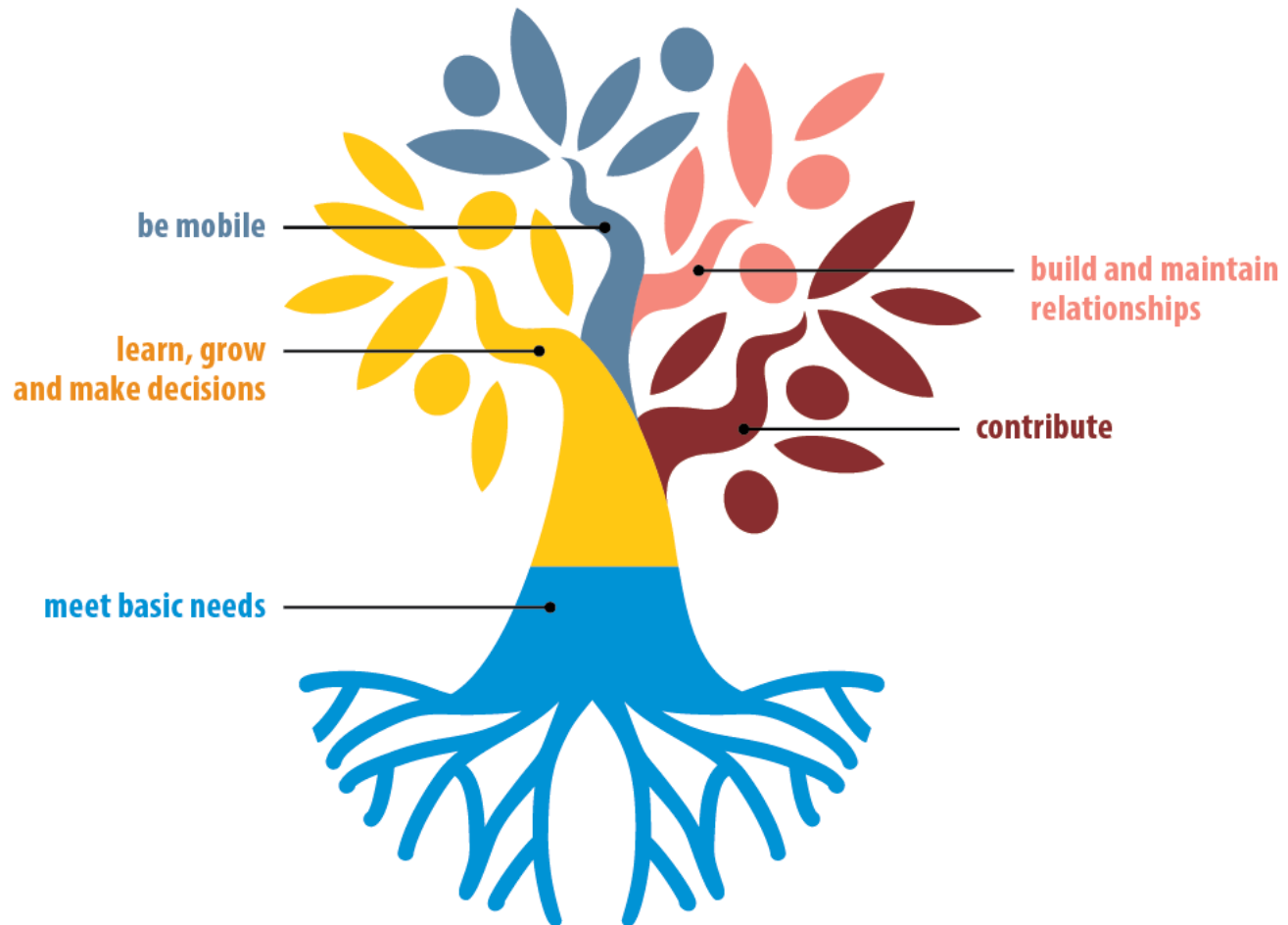
**World Health
Organization**

World Report on Ageing and Health

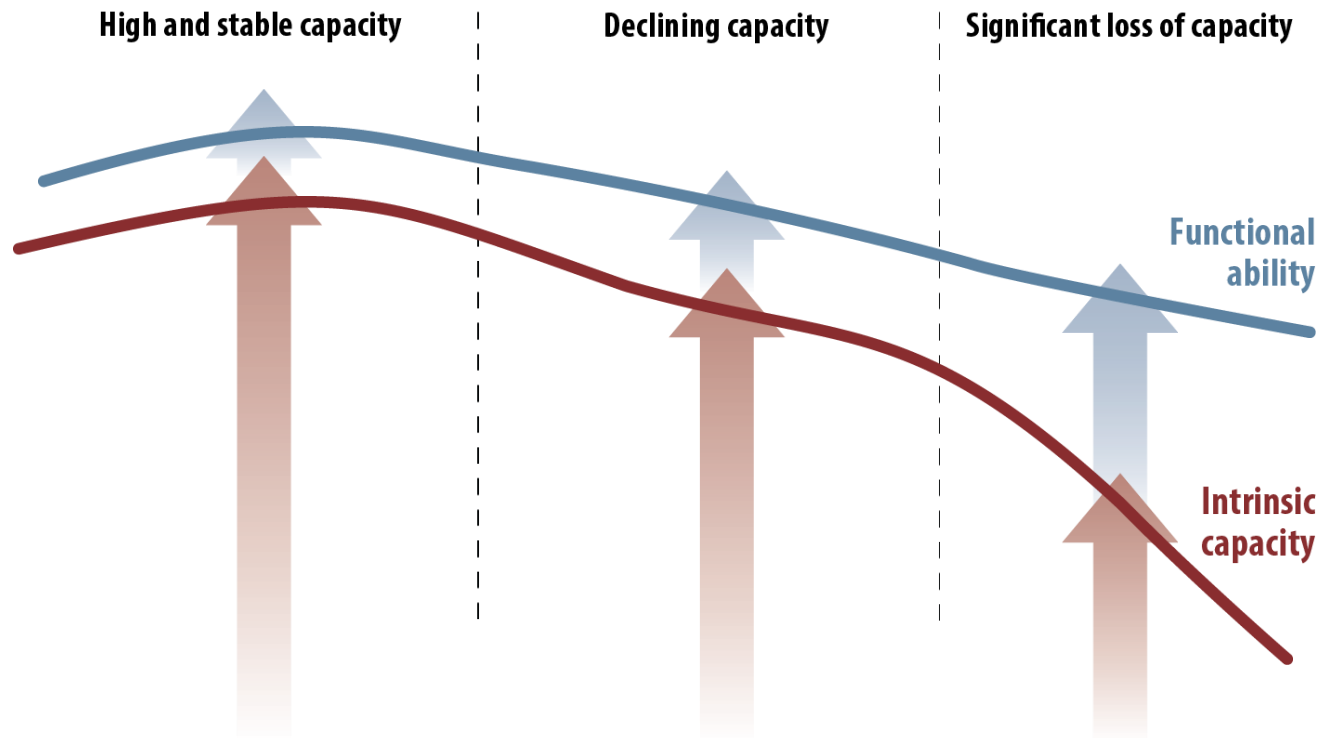
"***Healthy Ageing*** - the process of developing and maintaining the functional ability that enables wellbeing in older age."



The things older people want



Opportunities to foster *Healthy Ageing*





Life course strategies to foster meaning and dignity in older age

✓ Combat ageism

✓ Meet basic needs

✓ Lifelong learning

✓ Training and support for caregivers

✓ Develop and monitor systems for long-term care

The **RIGHT** to
contribute to and not be left behind by

