Fulfilling the Potential of Present and Future Generations

Report on ICPD Programme of Action Implementation in the UNECE Region

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UNECE Monitoring Framework for the ICPD Programme of Action beyond 2014

**Theme 1.2.a. Fulfilling potential: Health and well-being across the life course**

**Recommendations of the Chair’s Summary**

Poor health, and the multiple risk behaviours leading to it, limit economic growth and the ability of individuals of all ages to achieve their full potential in society. This theme comprises indicators tracking progress towards achieving universal health coverage, promoting healthy lifestyles among adolescents and youth, and increasing their participation in the job market and decision-making processes. This sub-theme covers the Chair’s Summary Priorities (54, 7, 30):

- End excess mortality among men
- People at all ages have access to health and social care services they need
- Everyone has access to inclusive education in a safe environment

**Dimension** | **Indicators**
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1.2.a.1 Coverage of essential health services (SDG 3.8.1)  
1.2.a.2 Catastrophic health expenditure: spending more than 10% of household consumption or income on out-of-pocket health-care expenditures  
1.2.a.3 Mortality rate attributed to non-communicable diseases (SDG 3.4.1)  
1.2.a.4 Proportion of population who regularly take part in sports or physical exercise at least once a week  
1.2.a.5 Proportion of young people with overweight or obesity  
1.2.a.6 Harmful use of alcohol (SDG 3.5.2)  
1.2.a.7 Age-standardized prevalence of current tobacco use among persons aged 15 years and older (SDG 3.9.1)  
1.2.a.8 Young people who have been bullied  
1.2.a.9 Proportion of young people who drink alcohol at least once a week  
1.2.a.10 Suicide mortality rate (SDG 3.4.2)
Population Dynamics

"Forefront of global demographic transition from population growth to ageing"

- Low fertility rates (region: 1.8)
- Shrinking populations (east)
- Increasing life expectancy
- Ageing: 24% to be 65+ by 2050
- Complex migration movements
- High youth unemployment (south)
Population Dynamics

NEGATIVE NET MIGRATION by 2030

ICPD+25

UNECE

UNFPA
Population Dynamics

Gender gap in life expectancy narrowed in Eastern Europe between 2000-2015

10.5 years
By 2050, 1 in 4 people will be 65+ years old.
The way forward

"Investing in human capital development across the life course"

- Enhance capabilities of young people
- Enable work / family balance for working-age population
- Realize the potential of longevity
Families, SRH over Lifecourse

- Limited sexuality education
- Low modern contraceptive use (east)
- Adolescent pregnancy going down
- Declining maternal mortality
- Fast-growing HIV epidemic
- High cervical cancer rates (east)
- Increasing family diversity

"Aggregate progress conceals inequalities across and between countries."
Low Use of Modern Contraceptives

- Bosnia and Herzegovina: 17%
- The Former Yugoslav Republic of Macedonia: 18%
- Albania: 21%
- Serbia: 23%
- Azerbaijan: 25%
- Armenia: 28%
- Tajikistan: 30%

Europe: 61%
Families, SRH over Lifecourse

TEENAGE PREGNANCY is going DOWN in most countries in the region.
MATERNAL MORTALITY HAS BEEN CUT BY MORE THAN HALF
Against global trends, HIV is on the rise in Eastern Europe and Central Asia.
Families, SRH over Lifecourse

CERVICAL CANCER
IS THE 2ND MOST COMMON
CAUSE OF CANCER DEATH
AMONG WOMEN

... EVEN THOUGH
IT'S ALMOST
COMPLETELY
PREVENTABLE.
The way forward

"Guarantee universal access to sexual & reproductive health"

- Remove access barriers
- Advance gender equality
- Ensure essential package of SRH services
- Integrate SRH package at primary health care level
- Provide comprehensive sexuality education
- Adapt family support policies
Inequalities, Social Inclusion & Rights

"Progress is far too slow and much remains to be done"

- Minorities, people with disabilities, migrants face stigma & exclusion
- Persistent gender inequalities: in work force, pay, leadership, politics
- Pervasive gender-based violence
- Work/family reconciliation difficult
- Lifetime inequalities compound in old age
1 in 4 WOMEN IN EASTERN EUROPE AND CENTRAL ASIA HAVE EXPERIENCED PHYSICAL OR SEXUAL VIOLENCE FROM A PARTNER
Inequalities, Social Inclusion & Rights

PREFERENCE FOR SONS
CAUSES SKewed SEX RATIO AT BIRTH
Inequalities, Social Inclusion & Rights

I WANT A FAMILY AND A CAREER

OR
The way forward

"Eradicate all forms of discrimination"

- Realise gender equality in economic, social & political spheres
- Remove barriers for men to participate in childcare, household
- Enable work/family reconciliation
- End GBV & harmful practices
- Combat stigma, discrimination, violence against vulnerable groups
THANK YOU!