

## Annex to the Guidelines for National Focal Points on Ageing

### List of suggested statistical indicators on active ageing<sup>1</sup>

UNECE member States are asked to provide an annex with statistical data — if possible for three distinct years in order to observe the dynamics. Please note that most of the suggested indicators refer to the population aged 55 years and older. Attention should be paid to the suggested variables for corresponding indicators: you may use other proxy measures if these variables are not available. Please indicate in the table the actual variable and source used.

**COUNTRY:** Please type the name of your country here

INDICATOR	SUGGESTED VARIABLE	POSSIBLE SOURCE	Year 1 (2005 or close)			Year 2 (2010 or close)			Year 3 (2015 or close)		
			TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE
<b>1. Labour market (older people's contribution through paid activities)</b>											
1.1. Employment rate for the age group 55–59	Same as indicator	Labour Force Survey									
1.2. Employment rate for the age group 60–64	Same as indicator	Labour Force Survey									
1.3. Employment rate for the age group 65–69	Same as indicator	Labour Force Survey									
1.4. Employment rate for the age group 70–74	Same as indicator	Labour Force Survey									

<sup>1</sup> This list of indicators is based on the Active Ageing Index methodology and broadly corresponds to the main focus areas of the 2012 Vienna Declaration. For more information, please consult the AAI wiki (<http://www1.unece.org/stat/platform/display/AAI/Active+Ageing+Index+Home>) or contact the Secretariat on [ageing@unece.org](mailto:ageing@unece.org).

INDICATOR	SUGGESTED VARIABLE	POSSIBLE SOURCE	Year 1 (2005 or close)			Year 2 (2010 or close)			Year 3 (2015 or close)		
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<b>2. Participation in society (older people's contribution through unpaid activities)</b>											
2.1. Voluntary work by older adults (aged 55+)	Percentage of older population (aged 55+) providing unpaid voluntary work through the organizations (at least once a week)	Relevant survey									
2.2. Care to children, grandchildren by older population (aged 55+)	Percentage of older population (aged 55+) who provide care to their children and grandchildren (at least once a week)	Relevant survey									
2.3. Care to older adults by older population (aged 55+)	Percentage of older population (aged 55+) providing personal care to elderly or disabled relatives (at least once a week)	Relevant survey									
2.4. Political participation of older population (aged 55+)	Percentage of older population (aged 55+) taking part in the activities or meetings of a trade union, political party or political action group, or signing petitions, including email and online petitions	Relevant survey									
<b>3. Independent, healthy and secure living</b>											
3.1. Physical exercise for older adults (aged 55+)	Percentage of people aged 55 years and older undertaking physical exercise or sport almost every day	Relevant survey									
3.2. Access to health and dental care (for those aged 55+)	Percentage of people aged 55 years and older who report <b>no unmet need</b> for medical and dental examination or treatment during the last 12 months preceding the survey	Relevant survey									

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			TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE
3.3. Independent living arrangements (for those aged 75+)	Percentage of people aged 75 years and older who live in a single household alone or in a couple household	Relevant survey									
3.4. Relative median income (for those aged 65+)	Ratio of the median equivalised disposable income of people aged 65 and above to the median equivalised disposable income of those aged below 65	Income and living conditions statistics / relevant survey									
3.5. No poverty risk (for those aged 65+)	100 – Percentage of people aged 65 years and older who are at risk of poverty (using the 50 per cent of median income threshold)	Income and living conditions statistics / relevant survey									
3.6. No severe material deprivation (for those aged 65+)	100 – Percentage of people aged 65 years and older who are severely materially deprived (having an enforced inability to afford at least 4 out of the 9 selected items <sup>2</sup> )	Income and living conditions statistics / relevant survey									
3.7. Physical safety (for those aged 55+)	Percentage of people aged 55 years and older who are feeling very safe or safe to walk after dark in their local area	Relevant survey									
3.8. Lifelong learning (for those aged 55–74)	Percentage of people aged 55 to 74 who stated that they received education or training in the four weeks preceding the survey	Labour Force Survey									

<sup>2</sup> 1) to pay their rent, mortgage or utility bills; 2) to keep their home adequately warm; 3) to face unexpected expenses; 4) to eat meat or proteins regularly; 5) to go on holiday; 6) a television set; 7) a washing machine; 8) a car; 9) a telephone

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			TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE	TOTAL	MALE	FEMALE
<b>4. Capacity and enabling environment for active ageing</b>											
4.1. Life expectancy at age 55	Same as indicator	Demographic statistics: Life Expectancy estimates									
4.2. Healthy life expectancy at age 55	Same as indicator	Healthy life expectancy estimates									
4.3. Mental well-being (for those aged 55+)	An index that measures self-reported feelings of positive happy moods and spirits	Based on WHO ICD-10 measurement									
4.4. Use of ICT by older adults (aged 55–74)	Share of people aged 55 to 74 using the Internet at least once a week	ICT Survey or any other relevant survey									
4.5. Social connectedness of older people (aged 55+)	Share of people aged 55 or more that meet socially with friends, relatives or colleagues at least once a week	Relevant survey									
4.6. Educational attainment of older people (aged 55+)	Percentage of older persons aged 55 to 74 with upper secondary or tertiary educational attainment	Labour Force Survey / general statistics on educational attainment by age groups									
<b>5. Other indicators (if applicable)</b>											

**For your information, please see the list of the surveys, data from which were used to calculate the Active Ageing Index for EU28 countries:**

[EU-Labour Force Survey](#) (LFS)

[European Quality of Life Surveys](#) (EQLS)

[EU-Statistics on Income and Living Conditions](#) (SILC)

[European Social Survey](#) (ESS)

[Eurostat ICT Survey](#)

[European Health and Life Expectancy Information System](#) (EHLEIS)