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I would like to add something to these discussions from a youth perspective.

A concept of sexual and reproductive health and rights that is strongly focused on fertility levels has limited relevance to the lives of young people. Perhaps we can now focus on quality and not quantity. Lets invest further in the largest generation of youth ever, a cohort that has more than 1.2 billion members.

Instead of stressing Total Fertility Rates, perhaps we can focus on alternative TFRs

**TARGETS**  
**FREEDOM**  
**RIGHTS**

Targets- in terms of commitment to ICPD, ICPD + 5 and ensuring that all these targets are met as soon as possible, because whether we like it or not this is a matter of life and death.

Freedom- to choose how young people live their sexual and reproductive lives by enabling choices. These are choices young people can make only if there is all the information and access to all the services, wherever we live whatever our preferences.

Rights- these rights are human rights and young people are human too. Let us all realize this and remove obstacles to them and lets work together to make sure that this happens. Acknowledging, accepting and promoting these rights is essential so that young people are empowered to use them.

Let's not worry so much about total fertility rates. Together lets reach targets, gain freedom to choose and realize rights. Young people must be able to fully enjoy their rights so that (if they choose to) young people can fully enjoy their sex lives too.

Let's not measure the success of sex education just in terms of sex education just in terms of pregnancy prevention. Lets also mark its success in terms of increased intimacy sexual satisfaction and sexual pleasure.

A holistic approach to sex and reproductive rights and health is vital and implementable and in doing so will provide space for us as young people to actively decide to go about our sexual lives and reproductive lives. Choice is crucial and once again to reiterate enabling choice is the key.

Progress has been made but targets have not been met, fully. Freedoms are dripping through, slowly. And rights in their entirety remain to be realized.

If Cairo truly is the road to sexual and reproductive rights then why do young people still have to hitchhike?

Thank you