International Workshop on:
Community Services for the Elderly

*February 20\textsuperscript{th} - March 3\textsuperscript{rd}, 2011*

in cooperation with
United Nations Economic Commission of Europe (UNECE)
Population Unit

**P R E L I M I N A R Y  P R O G R A M**
WORKSHOP STAFF / COORDINATORS

Ms. Stefanie Bluth  
Population Unit, United Nations Economic Commission of Europe (UNECE)

Ms. Hava Karrie  
Deputy Director of MCTC

Ms. Ayellet Packin  
Workshop Coordinator, MCTC

Ms. Bracha Steiner  
Social and Cultural Coordinator, MCTC

Ms. Yifat Reuveni  
MASHAV Coordinator, Ministry of Foreign Affairs, Jerusalem

Ms. Neomy Deutsch  
Workshop Secretary, MCTC
DAILY SCHEDULE

Lectures and Discussions
1st Session       08:30 - 10:00
2nd Session       10:30 - 12:00
3rd Session       13:30 - 15:00
4th Session       15:30 - 17:00

MEALS

Breakfast
Monday to Friday  07:30 - 08:00
Saturday & Sunday 08:00 - 09:00

Snack
The whole week    10:00
                   15:00

Lunch
Monday to Saturday 12:30
Sunday             13:00

Dinner
Sunday to Friday  19:00
Saturday          at a local restaurant

* The schedule is subject to change in accordance with requirements of observation visits, tours and unscheduled lectures.
* Bring comfortable walking shoes and appropriate dress with you for entering the religious sites.

IMPORTANT INFORMATION

❖ THE SABBATH – The day of rest, starts on Friday in the early afternoon and continues throughout Saturday. Offices and shops are closed, there is hardly any public transport until Saturday evening.
❖ SUNDAY IS A NORMAL WORKING DAY.
SATURDAY, FEBRUARY 19TH
Arrival and Registration

SUNDAY, FEBRUARY 20TH
8:30 Welcome Remarks
Ms. Mazal Renford, MCTC Director

9:15 Introduction to MASHAV and The Golda Meir Mount Carmel
International Training Center (MCTC)
Ms. Mazal Renford, MCTC director

10:15 Coffee break

10:30 Getting Acquainted Session
Ms. Hava Karrie, Deputy Director, MCTC
Ms. Ayellet Packin, Course Coordinator, MCTC

12:30 Official Opening and Festive Lunch

14:00 Leave for bus tour of Haifa

17:00 Opening Lecture and Discussion
UNECE – Chief of Population Unit

19:00 Dinner at MCTC

MONDAY, FEBRUARY 21ST
8:30 Lecture and Discussion
"Some Principles of Geriatrics: Medical and psycho-social aspects
of ageing"
Dr. David Kohen, Gerontology Expert

10:15 Coffee Break

10:30 cont.

12:30 Lunch

14:00 Lecture and Discussion
"Social Policy and Legislation – European Center for Social Policy"
UNECE expert, Population Unit

15:45 Coffee Break
16:00 cont.

19:00 Dinner at MCTC

TUESDAY, FEBRUARY 22ND

8:30 Lecture and Discussion
"Geriatric Health Care to the Elderly in Israel"
Dr. Jenny Brodsky, Brookdale Institute, JDC

10:15 Coffee Break

10:30 Lecture and Discussion
"Long Term Care Strategies in Industrial and Developing Countries"
Dr. Jenny Brodsky, Brookdale Institute, JDC

12:30 Lunch

14:00 Presentations by Participants
Case studies related to long term care strategies

15:15 Coffee Break

15:30 cont.

19:00 Dinner at MCTC

WEDNESDAY, FEBRUARY 23RD

8:30 Leave for study visit
Flieman Rehabilitation Hospital, Haifa
Participants will tour facilities and meet with the director to discuss rehabilitation of elderly, challenges and success

11:00 Lecture and Discussion
"Developing, Designing and Managing Services for the Aged"
Prof. Ariela Lowenstein, Head of Geriatrics Department, University of Haifa

12:30 Lunch

14:00 Lecture and Discussion
"Continuum of Care of Seniors: The Role of the Professional and the Role of the Family in Long and Short Term Care"

15:15 Coffee Break
15:30 cont.

19:00 Dinner at MCTC

THURSDAY, FEBRUARY 24TH

7:30 Leave for all day study tour in Jerusalem

10:30 Study Visit at Lifeline for the Aged
   A non-profit organization empowering and supporting over 300 elderly and disabled Jerusalem residents on a daily basis.

12:30 Lunch at Yad Sarah
   Israel’s largest volunteer organization for homecare support services.

13:30 Study Visit at Yad Sarah
   • Tour the facilities of Yad Sarah including the Visitors’ Center
   • Meet with Yad Sarah’s volunteers
   • The Exhibition and the Guidance Resource Center and the Day Rehabilitation Center

19:00 Return to MCTC for Dinner

FRIDAY, FEBRUARY 25TH

8:30 Lecture and Discussion
   "Intergenerational Relationships"
   Prof. Ariela Lowenstein

10:15 Coffee Break

10:30 cont.

12:30 Lunch

14:00 Work in Groups on Individual Proposals

15:15 Coffee Break

15:30 cont.

19:00 Dinner at MCTC
SATURDAY, FEBRUARY 26TH – SUNDAY, FEBRUARY 27TH

Two day study tour and visit to historical sites

Saturday 26th
7:00 Depart for all day study tour in Jerusalem
Guided Tour of Historical, Cultural and Religious Sites in the Old City

19:00 Dinner and Overnight in Jerusalem

Sunday 27th
6:30 Breakfast at Hotel

7:30 Leave for all day study visit

8:00 Lecture and Discussion
"National Insurance Program for the Aged: Short Term and Long Term Care Benefits"

10:00 Lecture and Discussion
"Social Services for the Aged in Israel- Ministry of Social Welfare"

13:00 Lunch at the Hebrew University, Giv’at Ram Campus

14:30 Visit Yad Vashem Holocaust Memorial

21:00 Return to MCTC for Dinner

MONDAY, FEBRUARY 28TH

7:30 Leave for all day study tour in Tel Aviv

10:30 Study Visit at Tel Hashomer Hospital
Lecture and Discussion
"Eshel – The Association for Planning and Development for the Aged in Israel"

12:30 Lunch in Tel Aviv

14:00 Study Visit at the Margolin Psycho-Geriatric Center at Ichilov Hospital

19:00 Return to MCTC for Dinner

MARCH 2011
TUESDAY, MARCH 1ST
9:00 Lecture and Discussion
"Services for the Elderly in the City of Haifa"
10:30 Coffee Break
11:00 Tour Local Projects
13:00 Lunch
14:00 Work in Groups on Individual Proposals
19:00 Dinner at MCTC

WEDNESDAY, MARCH 2ND
9:00 Leave for all-day study visit to local community
10:00 Study Visit – ESHEL Program
ESHEL- The Association for the Planning and Development of Services for the Aged in Israel
Tour:
• Sheltered housing for the aged
• Day Care Center for the Aged
• Health Promotion Project
Lecture and Discussion
"Social Services for the aged in a local Setting"
13:30 Lunch at the Day-Care Center for the Aged
14:30 Q&A Session and Sharing Best Practices
17:30 Return to MCTC for Dinner

THURSDAY, MARCH 3RD
8
8:00    Presentation of Projects

11:00   Summary of Workshop
        Written and Oral Evaluation by Participants

12:00   Closing Ceremonies and Distribution of Certificates

13:00   Festive Lunch

FRIDAY, MARCH 4TH – PARTICIPANTS DEPART

Farewell – have a safe journey home!!!