

The Age Wave: Challenges & Opportunities of an Aging U.S.

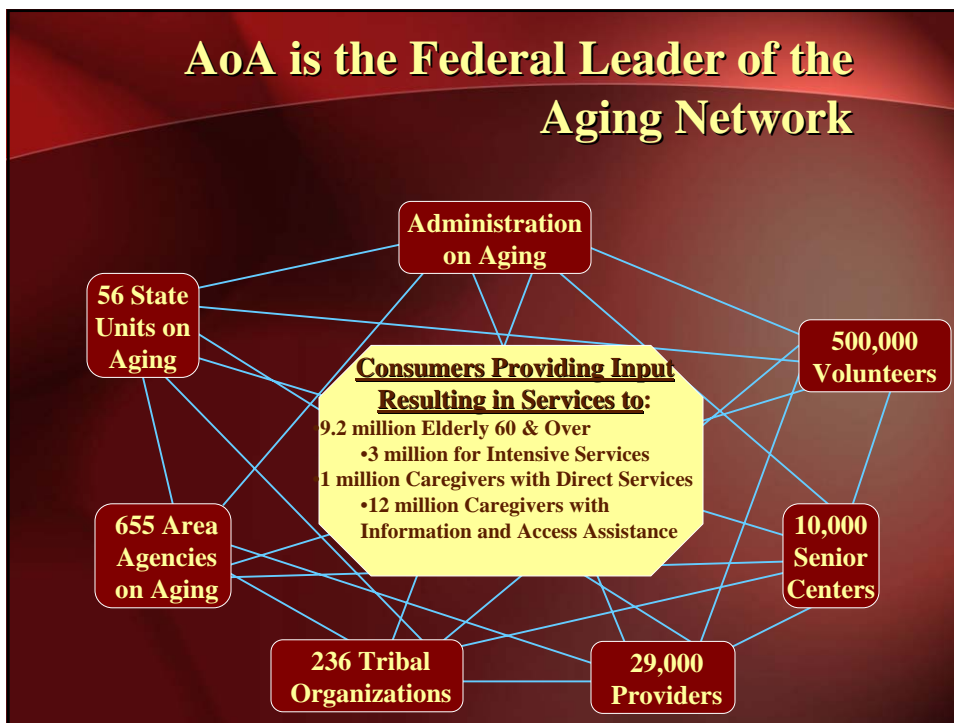
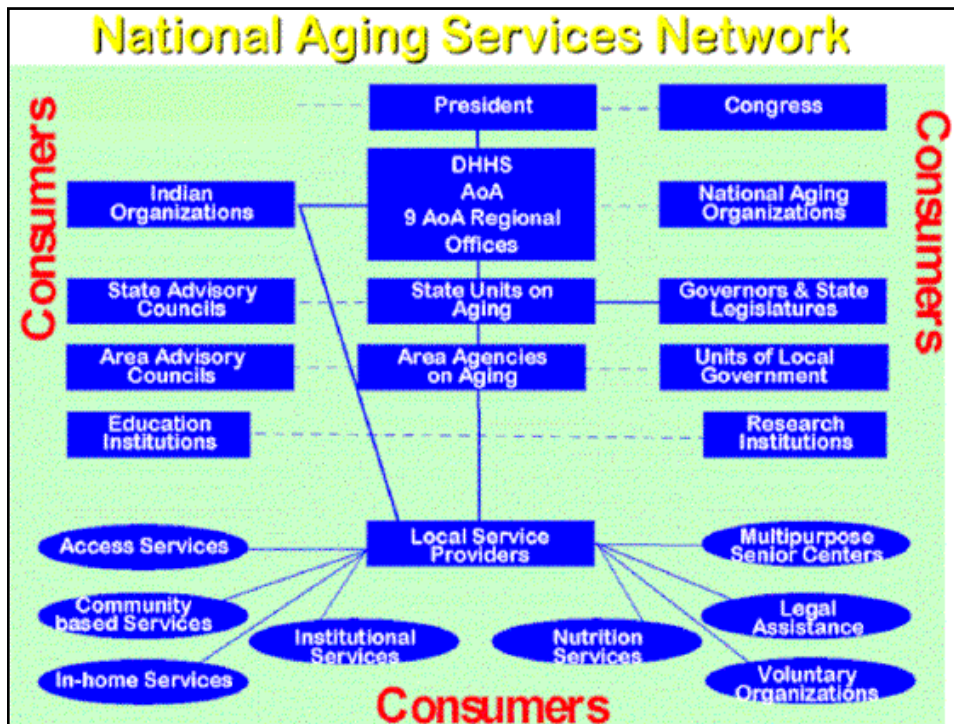
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U.S. Administration on Aging

United Nations Economic
Commission for Europe
Meeting of National Focal Points
on Ageing
Segovia, Spain
November 13-15, 2006



Older Americans Act

- **Complement to**
 - Medicare – Insurance coverage for healthcare
 - Medicaid – Health, LTC, Nursing Home Care for Low-Income
- **Declaration of Objectives**
 - Employment
 - Economic Security
 - Civic Engagement
 - Long-Term Care
 - Protection of Rights
 - Housing
 - Active Aging
 - Health
 - Community Living
 - Institutional Care
- **Enable older individuals to maintain their dignity and to live independently in their own homes and communities for as long as possible**

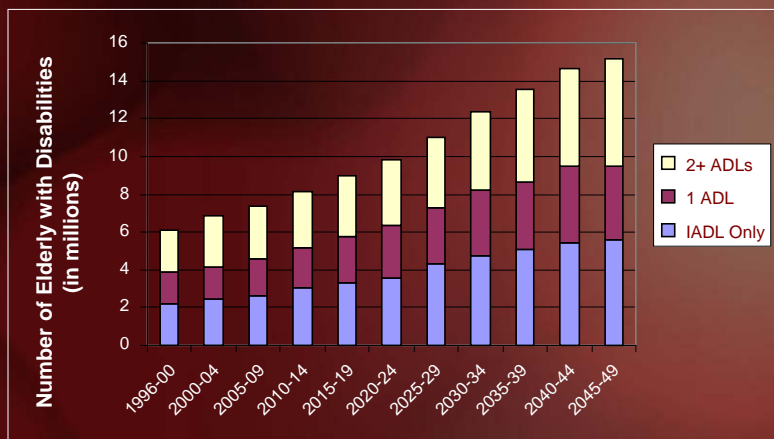


Issues Facing an Aging U.S.

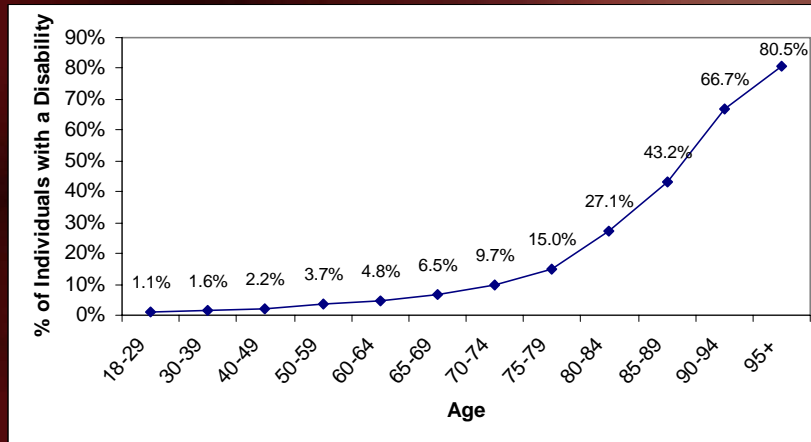
- How will the Baby Boomers change the aging landscape?
- How financially prepared are individual families for getting older?
- Who might need LTC and how to cover the costs?
- Individual lifestyle choices and its affect on LTC expenses



Aging of Baby Boomers Will More than Double the Number of Older Adults Age 65+ with Disabilities



Who Might Need Long Term Services and Supports?



Source: 1999 National Long Term Care Survey and the 1994 National Health Interview Survey Disability Supplement.

LTC Transformation in the U.S. Designed to Rebalance the System

- **President's New Freedom Initiative**
 - Tear down the barriers that prevent people with disabilities – of all ages -- from being active and involved in their communities
 - Policies that often result in people being confined to a nursing facility
- **An Executive Order – *Community-based Alternatives for Individuals with Disabilities***
 - Directed federal agencies to evaluate and recommend ways to expand community-based services for individuals with disabilities
- **Federal Agencies -- *Real Choice Systems Change***
 - System Transformation Grants
 - CHOICES for Independence
- **Congressional Action -- *Deficit Reduction Act***
 - Money Follows the Person
 - LTC Clearinghouse

The Older Americans Act -- A Unique Mission & Capacity



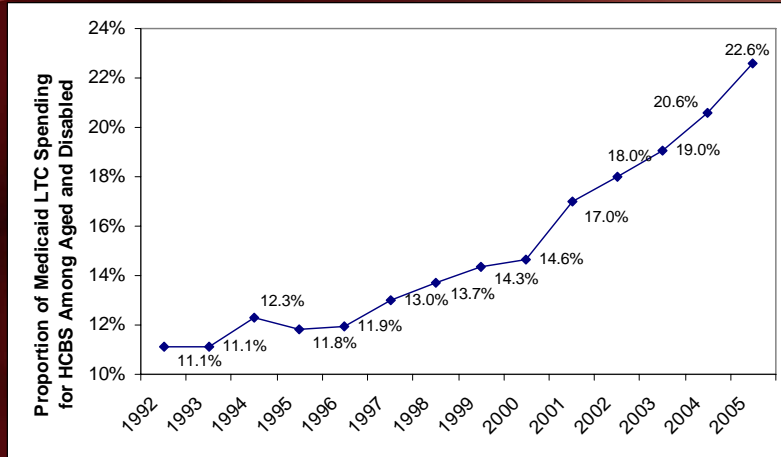
- Consumer Focused Mission
- Bottom Up, Locally Driven
 - Nationwide Aging Network
- Social Model of Care
- Ability to Reach People Early
 - Before Spend Down to Medicaid
 - Prevent Nursing Home Placement
- Demonstrated Leadership in Systems Reforms at State and Local Levels

CHOICES for Independence

- Consumer Empowerment
 - Aging & Disability Resource Centers
- Community Living Incentives
 - Flexible Options and More Choices for High-Risk Individuals
- Healthy Lifestyles
 - Evidence-Based Disease Prevention Interventions



Medicaid LTC Devoted to HCBS for Aged and Disabled Grew Significantly Since 2000



Source: 2005 MedStat LTC Data, Lewin Analysis. Long term care includes nursing facility, state plan personal care and home and community-based waivers for the aged and disabled.

Elements of Successful LTC Reform Efforts

- **Vision and coordination across**
 - institutional and
 - home and community-based policies
- **Aggressive screening tactics and alternative services**
 - to divert individuals from entering nursing homes
- **Efficient person-based financing**
 - in least restrictive setting
 - Integrates and supports unpaid care
- **Promote flexibility and creativity**
 - in meeting individuals' needs

For More Information:

<http://www.aoa.gov>