

Meeting of the Parties to the Protocol on Water and Health

Third session, Oslo, 25-27 November 2013

NOTES AND PRACTICAL INFORMATION FOR DELEGATES

This paper presents notes and practical information for participants of the Third Meeting of the Parties to the Protocol on Water and Health to the Convention on the Protection and Use of Transboundary Watercourses and International Lakes to be held in Oslo, 25–27 November 2013.

The paper includes information about:

- Hotels
- Conference centre and reception
- Transportation
- Tourist information
- Contact details

Hotels

We have made arrangements with the following hotels which will offer special prices to participants using the reference codes as listed in this paper.

Hotel Bristol

Kristian IVs gate 7

Hotel Bristol is located in the heart of Oslo city centre. It is only a short walk (400 m) from the conference centre. The hotel is situated 500 metres from the train station and 100 metres from the airport express bus stop.

Hotel Bristol will be the location for the reception on Monday, 25 November.

All the rooms are non-smoking rooms.

70 rooms in this hotel are reserved for MOP participants. **Please note that the rooms are reserved until 29 October 2013. To get the special price listed you must book before this date.**

Price:

Single room 1137 NOK pr. night, breakfast included

Double Room 1337 NOK pr. night, breakfast included

All bookings are to be done by e-mail to post@bristol.no. When booking please state the following code to get the special price: **(Block kode) 251113HEL5**

For further information about the hotel please follow this link:

<http://www.thonhotels.com/hotels/countrys/norway/oslo/thon-hotel-bristol1/>

Thon Hotel Munch

Munchs gate 5

Thon Hotel Munch is a newly renovated bed and breakfast hotel, located in a calm side street in the middle of Oslo city centre, only a short walk (650 m) from the conference centre. It is located 500 meters from the train station and 150 meters from the airport express bus stop.

All the rooms are non-smoking rooms.

70 rooms in this hotel are reserved for MOP participants. **Please note that the rooms are reserved until 25 October 2013. To get the special price listed you must book before this date.**

Price:

Single room 845 NOK pr. night, breakfast included

All bookings are to be done by e-mail to munch.bookingsjef@thonhotels.no When booking please write: **Ref. # 4040976 / Helse- og omsorgsdepartementet** as Subject.

For further information about the hotel please follow this link:

<http://www.thonhotels.com/hotels/countrys/norway/oslo/thon-hotel-munch/>

Anker Hotel

Storgata 55

Anker Hotel is centrally located in Oslo and offers accommodation in comfortable surroundings. The hotel is located 1.6 km from the conference centre, but with a taxi rank and a bus – and tram stop right outside the hotel, you can easily get to the Nationaltheatret station which is close to the conference centre.

All the rooms are non-smoking rooms.

30 rooms in this hotel are reserved for MOP participants. **Please note that the rooms are reserved until 1 November 2013. To get the special price listed you must book before this date.**

Price:

Single room 700 NOK pr night, breakfast included

Double room 900 NOK pr night, breakfast included

All bookings are to be done by e-mail to booking@anker.oslo.no When booking please state the following reference code to get the special price: **213964.**

For further information about the hotel please follow this link: <http://www.anker-hotel.no/>

Conference centre – Høyres Hus

The conference centre **Høyres Hus** is the venue of the meeting and located in Stortingsgaten 20, close to the National Theater. The closest junction for public transportation is Nationaltheatret station. Trains (including the airport express), the subway (t-bane), trams and buses all stop here. It is only a 2 minutes walk from the station to the conference centre.

Hotel Bristol is located 400 m from Høyres Hus.

Thon Hotel Munch is located 650 m from Høyres Hus.

Anker Hotel is located 1.6 km from Høyres Hus.

Please see attached maps with directions to location and walking routes between the hotels and the conference centre.

The conference centre is located on the 6th floor of Høyres Hus. The main sessions will take place in Store Sal while some of the side events will take place in Lille Sal and Hjørneværelset. Wifi internet connection will be available in all conference rooms.

Coffee breaks and lunches for all participants will be held in the conference centre.

Please see attached floor plan of the conference centre.

Please note that only persons identified in the participants list will be allowed to enter. Advance registration is therefore mandatory. Registration is done by completing the registration form available on the UNECE website:

http://www.unece.org/env/water/3rd_mop_protocol_water_and_health_2013.html

For further information please follow this link: www.hoyreshus.no

Reception

The reception will take place in the Hotel Bristol on Monday, 25 November at 07.00 pm.

Transportation

Oslo has two airports serving both domestic and international flights: Oslo Lufthavn Gardermoen and Moss Lufthavn Rygge.

Oslo Lufthavn Gardermoen (Oslo Airport)

www.osl.no/en/

Oslo Airport (Oslo Lufthavn Gardermoen) is located approximately 47 km north of Oslo city center. A terminal map is attached to this paper.

Transfer to and from Oslo Airport

Trains

The Airport express train (Flytoget)

The Airport express train is a high-speed train which runs between Drammen, Asker, Sandvika, Lysaker, Skøyen, Nationaltheatret, Oslo S and Lillestrøm.

Nationaltheatret is the station closest to the conference center.

The Airport Express Train departs every 10 minutes from Oslo Central Station and Oslo Airport – Gardermoen. It spends 19 minutes from Oslo Central Station to Oslo Airport – Gardermoen.

Tickets:

Tickets can be purchased at the ticket vending machines or at the ticket desks. There are ticket vending machines at every station, which both accept cash and credit cards. In addition, there are machines at the arrival hall for both Domestic and International travels.

If you are short on time you can swipe your credit card through a card reader at the station before getting on board. You can use most of the credit cards available (Eurocard/MasterCard, American Express, Diners or Visa). Register your credit card at www.flytogetkvittering.no and you will automatically receive a receipt by email the next day.

Fares:

A single ticket from Oslo Airport to Oslo S or the National Theatre costs 170 NOK.

For further information please follow this link: <http://www.flytoget.no/eng/>

NSB – Norwegian State Railways

All NSB Regional Trains that run between Skien, Oslo, Lillehammer and Trondheim stop at Oslo Airport. NSB Local Trains on the Kongsberg–Eidsvoll line also stop at the Airport.

Tickets:

Tickets can be bought by using the NSB app, online, from ticket vending machines or at the ticket desks. Tickets can also be bought on board the train for an additional charge of 40 NOK.

Fares:

A single ticket from Oslo Airport to Oslo Central Station costs 90 NOK.

For further information please follow this link: http://www.nsb.no/?lang=en_US

Bus

The Airport Express Coach (SAS Flybussen)

The Airport Express Coach runs between Oslo city centre and Oslo Airport every 20 minutes every day. Approximate travel time is 45 minutes.

Please note that travel time is affected by traffic conditions and may deviate from the schedule. This especially applies during the rush hour (3–5 p.m.)

At Oslo Airport the Airport Express Coach departs from platform 11. The Airport Express Coach stops on the Oslo city bus terminal. Guests staying at the Bristol or Thon Hotel Munch can also disembark at Professor Aschehougs plass.

Tickets:

Tickets can be bought on the internet, from ticket vending machines or directly with the driver. Note: if you buy your ticket directly with the driver you can only pay by credit card. The cards accepted are VISA, MasterCard and Diners.

Fares:

A single ticket from Oslo Airport to Oslo city centre costs 150 NOK. It is possible to buy a round trip. This costs 250 NOK and is valid for one month.

You can also buy a ticket online. The online tickets are sold at discounted prices. A single ticket bought online costs 125 NOK. The tickets applies to booked dates and travel distances, but is not limited to a specific departure on that date. If you purchase the ticket online, you can only pay with credit card. Only VISA, MasterCard, Diners and American Express is accepted.

For further information please follow this link: <http://www.flybussen.no/en>

Taxi

If you want to take a taxi from the Airport, we recommend you go to the taxi information desk in the Arrivals Hall. The taxi information desk has information about the different companies' fixed rates to different destinations in Norway, among others to Oslo. They can also book a taxi for you. The taxi rank is immediately outside the Arrivals Hall. You can usually find a taxi from most taxi companies there.

Moss Lufthavn Rygge (Rygge Airport)

<http://www.en.ryg.no/>

Moss Lufthavn Rygge (Rygge Airport) is located approximately 60 km southeast of Oslo.

Transfer from Moss Lufthavn Rygge to the city center

Busses

Rygge-Ekspressen

Rygge-Ekspressen operates from Oslo and corresponds with some DAT flights and all of Ryanair's flights.

Rygge-Ekspressen departs from Rygge Airport approximately 40 minutes after flight arrival time. In case of delays, Rygge-Ekspressen will wait for Ryanair flights. The busride between Oslo and Rygge international Airport takes approximately 60 minutes.

Tickets:

Tickets are purchased on the bus from the bus driver. Rygge-Ekspressen accepts both cash (NOK only) and credit cards (VISA, MasterCard and Diners). Single and return tickets purchased on the bus are valid for 3 months from date of purchase.

Fares:

A single ticket from Rygge Airport to Oslo costs 150 NOK.

Aerobuss

Aerobuss operates from Rygge Airport to Oslo Bussterminal. Please note that Aerobuss doesn't correspond with Ryanair's flights. They follow a set timetable which is available on their homepage: www.aerobuss.no.

Tickets:

Tickets are purchased on the bus. Aerobuss accept cash payment on the bus (NOK or Euros), or the use of a credit card (VISA, MasterCard, Maestro, Bankaxept, JCB).

Fares:

A single ticket from Rygge Airport to Oslo costs 130 NOK. A roundtrip ticket costs 250 NOK.

For further information please follow this link: www.aerobuss.no

Train

NSB– Norwegian State Railways

The train ticket includes free shuttle bus between the station and the airport. The bus waits by the platform as the train arrives at Rygge Station. The shuttle bus runs immediately after the train arrives at Rygge station and takes 5-8 minutes to the airport. The shuttle bus from the airport leaves from the airport 15 minutes before the train departure.

Most NSB trains will have correspondence to the airport by bus. Except the following.

- Train 137 from Oslo S at 23.02 (Mon-Fri+Sun)
- Train 139 from Oslo S at 00.02 (all days)
- Train 154 from Halden 05.00(Saturdays)
- Train 156 from Halden 06.00 (Sundays)

Tickets:

Tickets can be bought by using the NSB app, online, from ticket vending machines or at the ticket desks. Tickets can also be bought on board the train for an additional charge of 40 NOK.

Fares:

A single ticket from Rygge Airport to Oslo S costs 151 NOK. The correspondence is included in the ticket.

For further information please follow this link: http://www.nsb.no/airport-by-train/airport-by-train-article38282-405.html?icn=airport&ici=rightbanner2_airport

Taxi

The taxi station is located just outside the terminal building. The following companies serves the airport and they can offer pre-booked fixed prices:

- Moss taxi
- Taxi 3 Østfold
- Råde Taxi
- Østfold Taxitjenester AS
- Sarpsborg Taxi
- Fredrikstad Taxi
- Halden Taxi
- Follo Taxi
- Ski Taxi

Tourist information

Between the Oslofjord and the forests lies the Norwegian capital. Oslo has a special combination of city life and easy access to the great outdoors.

Oslo has been the capital since 1814, when Norway gained its independence from Denmark. The city is one of Europe's fastest-growing capitals, with annual population increases exceeding 2 per cent in recent years.

Oslo is located innermost in the 100-kilometre-long Oslofjord, which is home to 40 islands. Over half of the municipality of Oslo is covered by forests and parks, making Oslo a truly green city.

For further information please see: www.visitoslo.com, www.visitnorway.no

Weather

Oslo's climate is milder than its latitude might indicate. Summer temperatures often equal those of cities much further south, yet winters in Oslo are cold and often snowy with average temperature in November/December of about – 3 degrees celcius. Dress accordingly.

Currency and currency exchange

The Norwegian currency is Norwegian Kroner (NOK). 1 NOK is divided into 100 øre (cents).

Coins are circulated in the following denominations:

1 krone, 5 kroner, 10 kroner and 20 kroner.

Notes are circulated in the following denominations:

50 kroner, 100 kroner, 200 kroner, 500 kroner and 1000 kroner.

In Oslo, you can exchange currency in the tourist information offices (exchange into NOK) or in an exchange bureau. At the Airport Express Terminal at Oslo Central Station you can exchange currency at Nordea foreign exchange. Nordea also has ATMs with 13 different currencies and a machine that exchanges foreign currency into Norwegian kroner and vice versa.

At Oslo Airport – Gardermoen, you can exchange currency in DNB which is the only bank at the airport. It can be found both in the Departure and Arrival Halls. At the counter you can exchange 48 different currencies.

In addition, the airport terminal has eighteen ATMs offering the 16 most common currencies. The ATMs are available 24 hours a day.

Transportation in Oslo

All the public transport in Oslo and the surrounding county Akershus is part of the same ticket and price system. This applies to buses, trams, subways (t-bane), ferries and local trains.

Ticket prices for public transportation in Oslo:

You can use the same tickets on all public transport in Oslo: bus, tram, metro, train and ferry.

Where to buy tickets:

Ruter's Customer Service Centre (in front of Oslo Central Station),

Most Narvesen and 7-Eleven shops,

From ticket vending machines at metro stations etc.

Single tickets are available on buses, trams and ferries, but these are more expensive than tickets bought in advance.

With Ruter's mobile ticket app you can buy single, 24-hour, 7-day and 30-day tickets on your Smart phone before you get on board.

Ticket prices for Oslo (zone 1)

Single ticket pre-bought.

(free transfer/return within 1 hour)

Adult 30 NOK

Child/Senior 15 NOK

Single ticket, bought from driver

(free transfer/return within 1 hour)

Adult 50 NOK

Child/Senior 25 NOK

24-hour ticket

(flexible start time, non-personal ticket)

Adult: 80 NOK

Child/Senior: 40 NOK

7-day ticket

(flexible start date, non-personal ticket)

Adult: 220 NOK

Child/Senior: 110 NOK

Children = ages 4-15

Senior = ages 67 +

Non-personal tickets can be used by different people, but only by one traveller at a time.

If you are caught travelling without a valid ticket, the fine is 900 NOK. If the fine is paid on the spot, the fee is 750 NOK.

Electricity

Norway has 220 volts, AS of 50 Hertz.

Electric appliances use continental-style two-pin plugs. Power converters can be borrowed at some hotels.

Emergency numbers and rescue services

Fire, accidents and serious pollution: Tel 110

Police – immediate assistance: Tel 112

Ambulance and Medical assistance: Tel 113

Contacts

Ms. Marie Kristine Wexels

Ministry of Health and Care Services

Teatergt. 9

0030 Oslo

Tel. +47 22 24 86 77

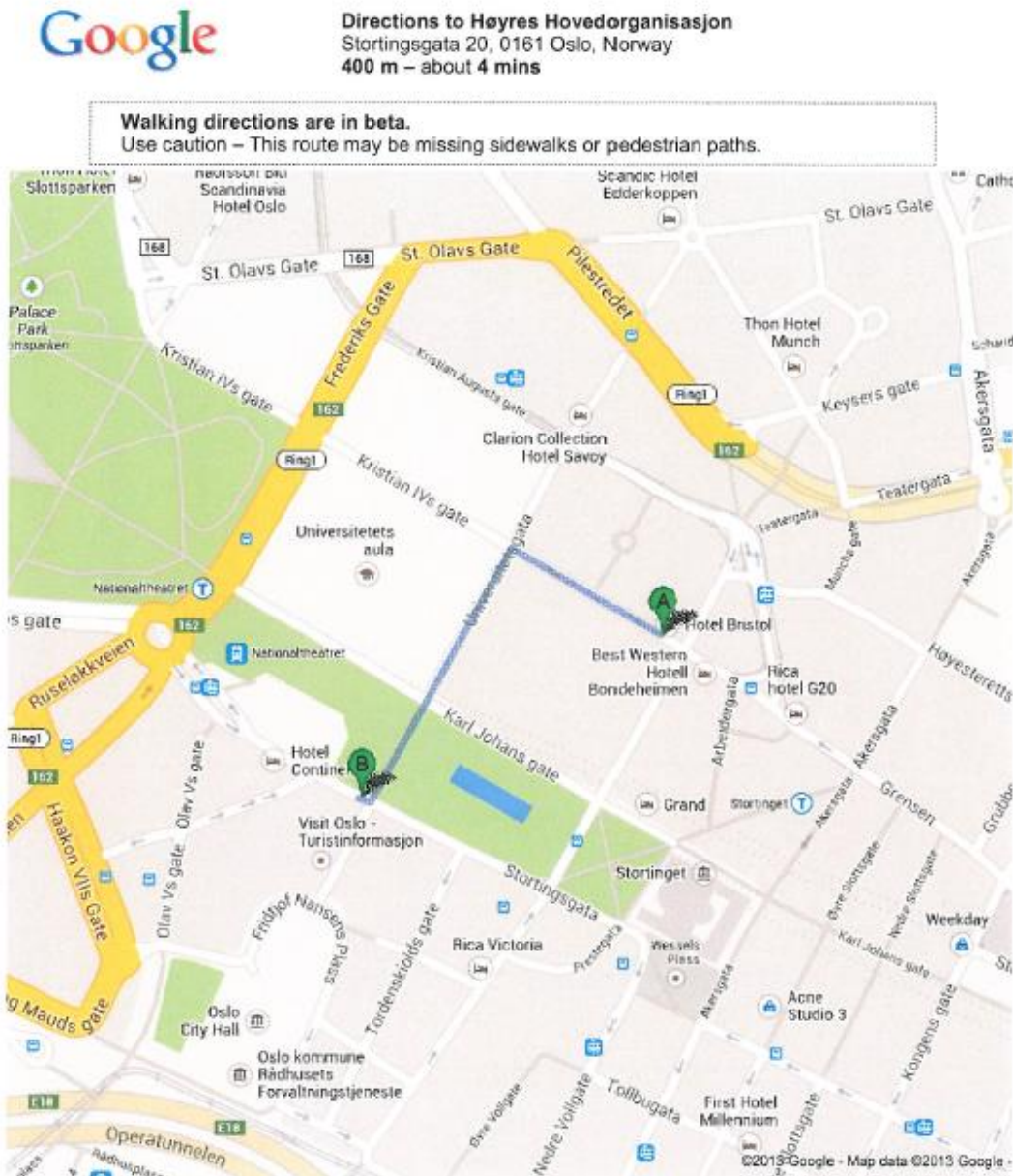
Mobile + 47 971 77 184

E-mail: mkw@hod.dep.no

Maps of location and walking routes between the hotels and the conference centre

Hotel Bristol to Høyres Hovedorganisasjon - Google Maps

Side 1 av 2



**Hotel Bristol**

Kristian IVs gate 7, 0164 Oslo, Norway

-
- | | |
|---|-------------|
| 1. Head northwest on Kristian IVs gate toward Sehesteds gate | go 140 m |
| About 2 mins | total 140 m |
| 2. Turn left onto Universitetsgata | go 150 m |
| About 2 mins | total 290 m |
| 3. Continue onto Roald Amundsens gate | go 96 m |
| About 1 min | total 400 m |
| 4. Turn right onto Stortingsgata | go 11 m |
| Destination will be on the left | total 400 m |

**Høyres Hovedorganisasjon**

Stortingsgata 20, 0161 Oslo, Norway

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

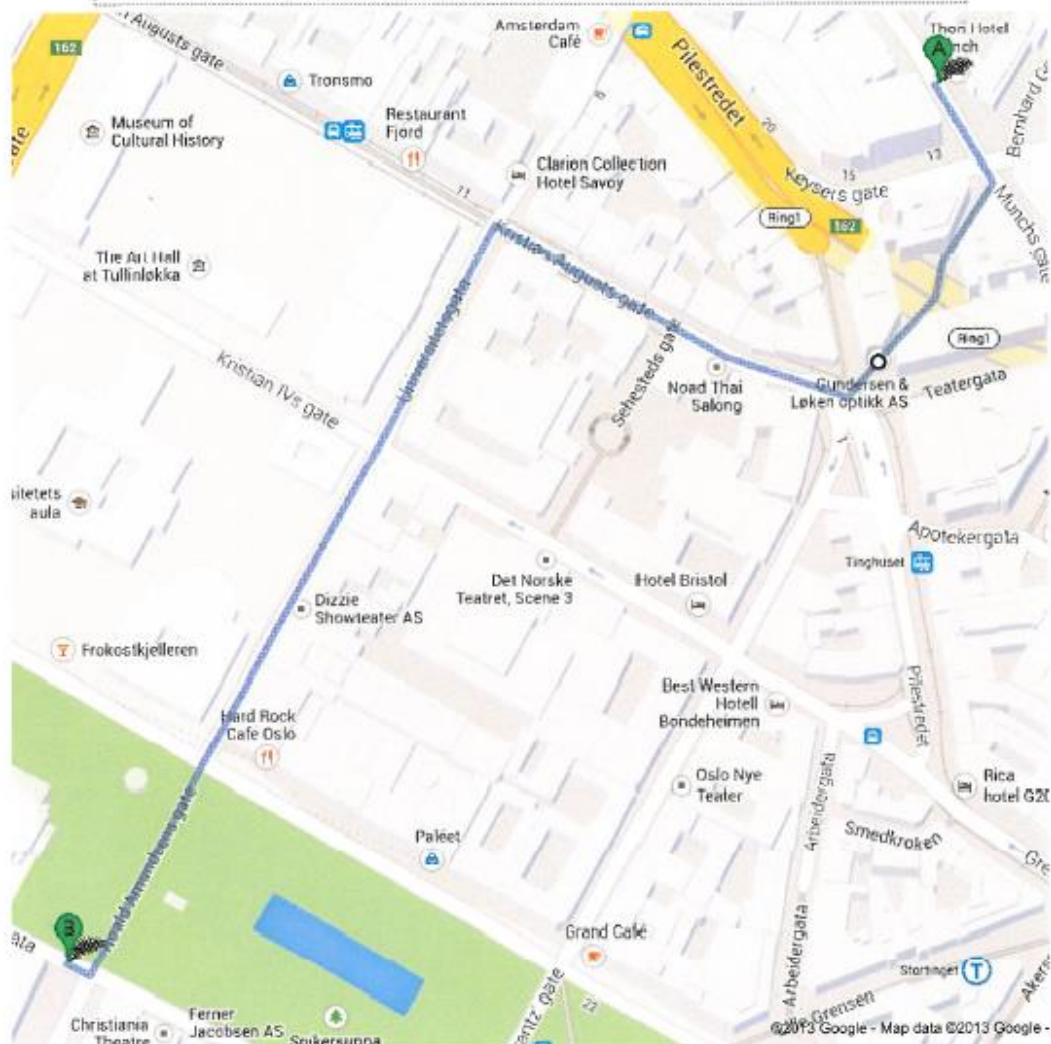
Map data ©2013 Google

Directions weren't right? Please find your route on maps.google.com and click "Report a problem" at the bottom left.



Directions to Høyres Hovedorganisasjon
Stortingsgata 20, 0161 Oslo, Norway
650 m – about 8 mins

Walking directions are in beta.
Use caution – This route may be missing sidewalks or pedestrian paths.



**Thon Hotel Munch**

Munchs gate 5, 0165 Oslo, Norway

- | | | |
|----|---|-------------------------|
| 1. | Head southeast on Munchs gate toward Keysers gate | go 45 m
total 45 m |
| 2. | Turn right toward Kristian Augusts gate
Take the stairs
About 2 mins | go 110 m
total 150 m |
| 3. | Turn right onto Kristian Augusts gate
About 2 mins | go 160 m
total 300 m |
| 4. | Turn left onto Universitetsgata
About 3 mins | go 250 m
total 550 m |
| 5. | Continue onto Roald Amundsens gate
About 1 min | go 96 m
total 650 m |
| 6. | Turn right onto Stortingsgata
Destination will be on the left | go 11 m
total 650 m |

**Høyres Hovedorganisasjon**

Stortingsgata 20, 0161 Oslo, Norway

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

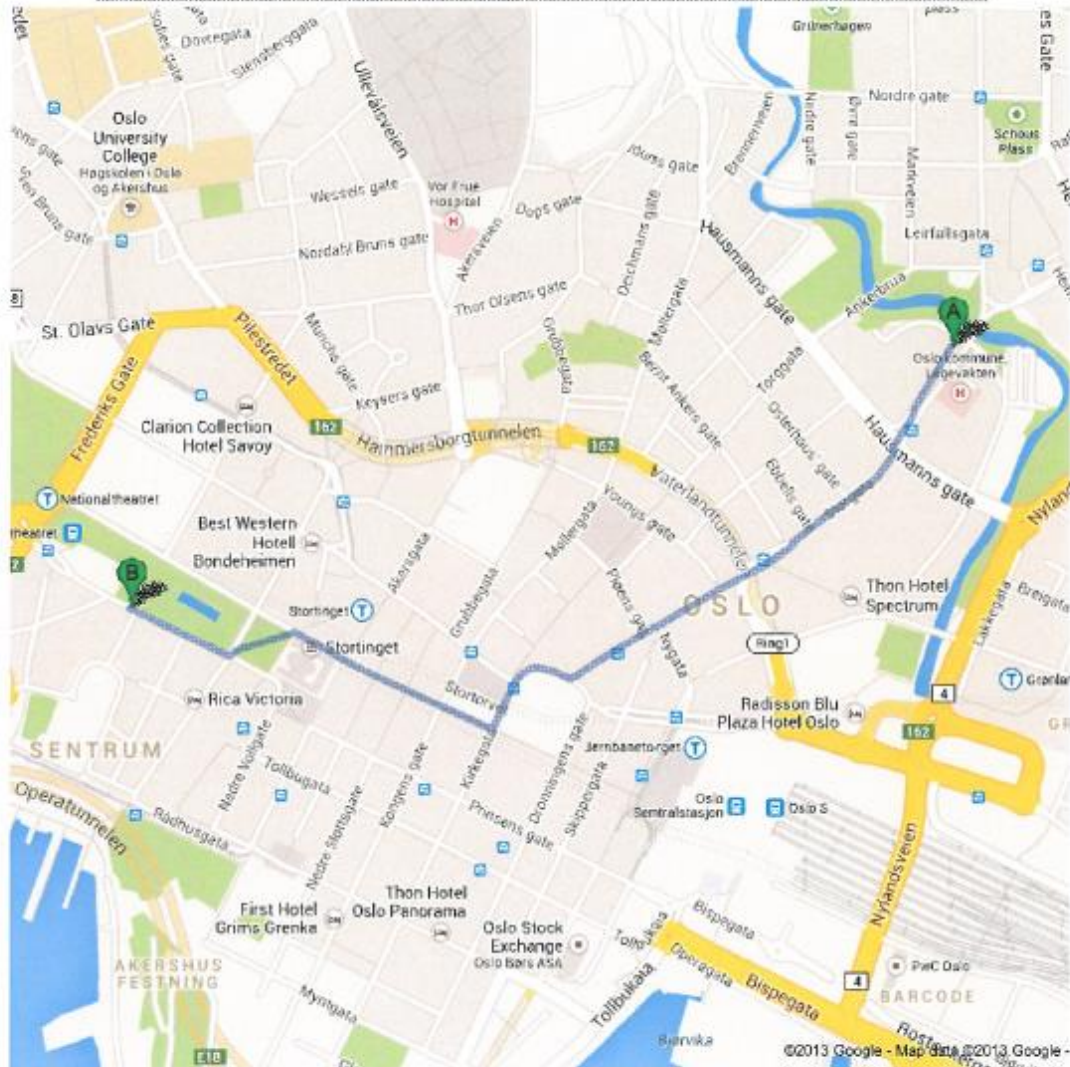
Map data ©2013 Google

Directions weren't right? Please find your route on maps.google.com and click "Report a problem" at the bottom left.



Directions to Høyres Hovedorganisasjon
Stortingsgata 20, 0161 Oslo, Norway
1.6 km – about 20 mins

Walking directions are in beta.
Use caution – This route may be missing sidewalks or pedestrian paths.



**Anker Hotel**

Storgata 55, 0182 Oslo, Norway

- | | | |
|----|--|--------------------------|
| 1. | Head southwest on Storgata
About 1 min | go 110 m
total 110 m |
| ↩ | 2. Slight left to stay on Storgata
About 4 mins | go 290 m
total 400 m |
| ↩ | 3. Slight left to stay on Storgata
About 5 mins | go 400 m
total 800 m |
| ➡ | 4. Turn right onto Kirkeristen
About 1 min | go 100 m
total 900 m |
| ➡ | 5. Continue onto Kirkegata
About 1 min | go 84 m
total 1.0 km |
| ➡ | 6. Turn right onto Karl Johans gate
About 4 mins | go 350 m
total 1.4 km |
| ↩ | 7. Turn left at Eidsvoll's plass
About 1 min | go 110 m
total 1.5 km |
| ➡ | 8. Turn right onto Stortingsgata
Destination will be on the left
About 2 mins | go 180 m
total 1.6 km |

**Høyres Hovedorganisasjon**

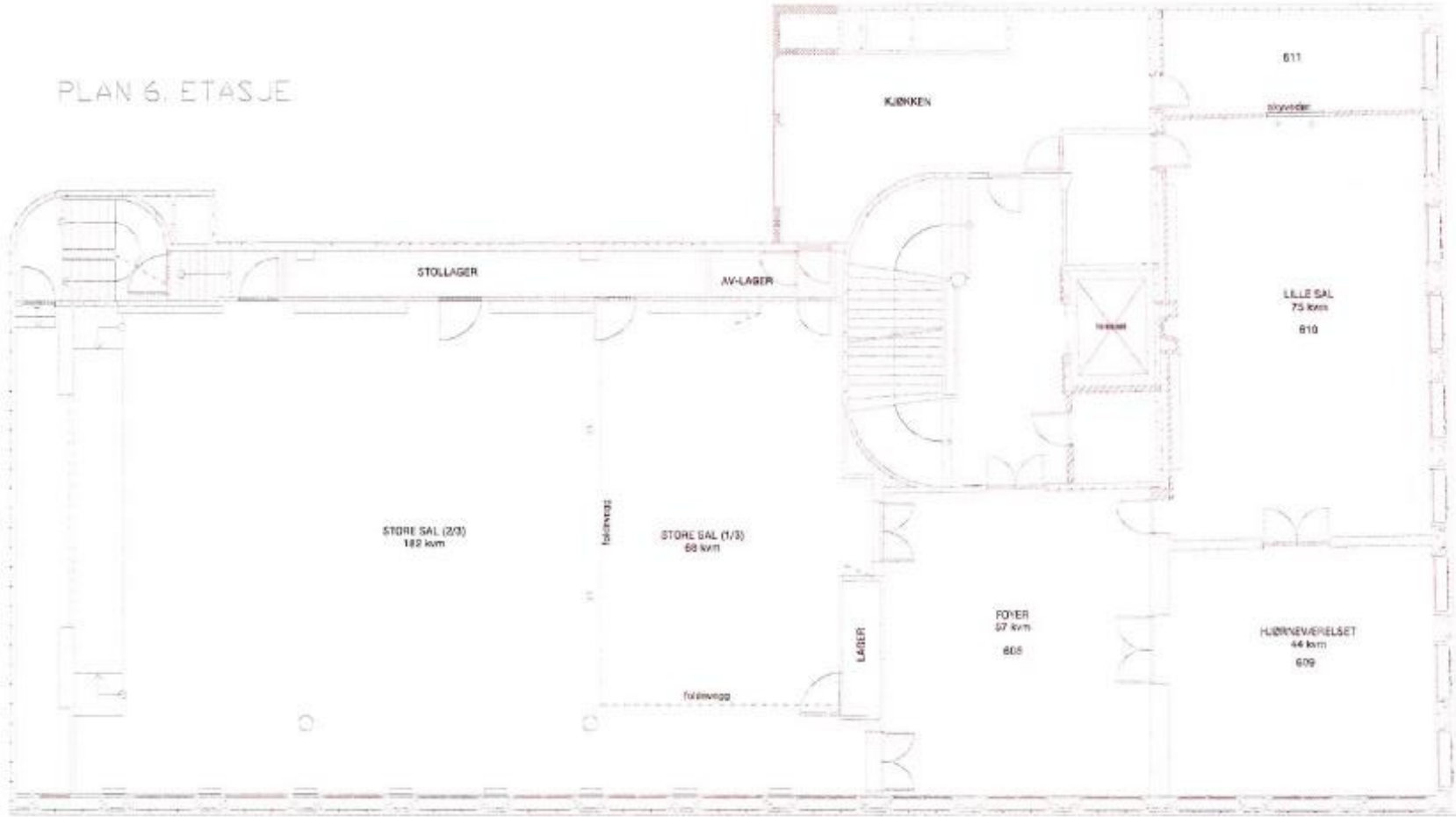
Stortingsgata 20, 0161 Oslo, Norway

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Map data ©2013 Google

Directions weren't right? Please find your route on maps.google.com and click "Report a problem" at the bottom left.

Floor plan of the Conference Center



Terminal map

