

Consultation
Note.

coillte

Notice

Lands at Kilcooly, Gortnahoe, Thurles, Co Tipperary.

Coillte Teoranta hereby give notice of its intention to relinquish its lease over lands at Kilcooly Gortnahoe County Tipperary (Kilcooly Abbey), to the Freeholder.

Any Queries in relation to this matter can be directed to;
Aiden McGuire Coillte, 086 2532327
John Moore Coillte, 087 8501683
On or before March 28th 2011

Date: March 7th 2011

Tipperary Photographer Receives Top Award

At the Irish Professional Photographers Association Awards night held in the Burlington Hotel, Dublin, tonight, the award for Best Professional Photograph was awarded to ALPAC, who entered the last Open Art and Creativity Photo in 2011.



Ryan Welcomes Progress on Turtulla Cross And Graigue Bridge

North Tipperary County Councilor Jim Ryan has welcomed the progress on the Turtulla Cross and Graigue Bridge.

"I have been raising the issue of this bridge for a long time. The way I feel about it is that it is a vital link in the road network."

He said that the bridge is a vital link in the road network and that it is a vital link in the road network.

Father Says He Wouldn't Be Happy If Daughter Was Taking Drugs

A father has said he would not be happy if his daughter was taking drugs.

The father, who is a doctor, said that he would not be happy if his daughter was taking drugs. He said that he would not be happy if his daughter was taking drugs.

Hunt For Men Left And Right For Voluntary Work

NEIGHI Gardai are looking for men who are left and right for voluntary work.

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PUBLIC NOTICE
Lands at Killooly, Gortinnes, Thurles, Co Tipperary
Coillte Tipperary hereby gives notice of its intention to sell 2.6811 ha more or less of Killooly, Gortinnes, Co Tipperary (Kilcooly A1000)

The Protractor
Any queries in relation to this matter can be directed to:
Michael Mc Guire, Sales Director 086 2322227
John Moran, Office Manager 087 8091683
on or before March 20th 2014

brother
DND out how old your heart really is and whether you are at risk of suffering a cardiac illness when a revolutionary new heart screening service comes to the South East over the coming weeks.

One out of every two people have some form of heart disease and, alarmingly, one person dies without warning every week from cardiac dysrhythmia, Sudden Adult Death Syndrome (SADS).

We should all strive to maintain a healthy heart, but how can we find out what sort of condition our heart is really in? Irish Natural Medicare, a Westford based company, offer a ground-breaking heart screening service that provides you with an overall picture of your cardiovascular health (heart and arteries). The screening involves a BPPro Cardiac monitor, a small device that measures blood pressure in a manner that will help you take control of your blood pressure. One person dies every week from SADS, and our screening provides people at risk of SADS with the best of care" said Colin Smith of Irish Natural Medicare. We have found that some 50% of people we've screened are at risk.

Mr Smith said, people are often surprised at the results, which indicate that even young and physically fit people have a much "older" cardiovascular system than might be expected. He explained that arteries harden with age, but a wide variety of factors, including bad diet, lack of exercise and hereditary health problems can increase the chance of developing cardiovascular problems.

Irish Natural Medicare offers a service that will decrease if your arteries are blocked, and also an L-Acetylsalicylic therapy that helps clear out your arteries.

The BPPro heart monitor used by Irish Natural Medicare offers a simple, painless and effective means of putting you in the picture with your health. The machine is clinically proven to be 99% accurate at being as sensitive as a doctor's stethoscope. The service is being offered in Clonmel.

Booking is essential as spaces are limited. Book your screening now by contacting James O'Leary (087) 6290311. Each screening costs €50 and the results will last no more than 20 to 30 minutes.

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How Old Is Your Heart?

Irish Natural Medicare offers a service that will decrease if your arteries are blocked, and also an L-Acetylsalicylic therapy that helps clear out your arteries.

IRISH NATURAL MEDICARE

Sudden Death Claims 5,000 lives every year!

Make a promise to your heart health because it is the leading cause of death in Ireland. Medically approved non-invasive screening with immediate results.

Are you 40 years of age with the arteries of an 80 year old. We can help you and get you on the road to a healthier cardiovascular system.

We are screening at The Anchor Hotel Thurles on Friday 18th March

Screenings also in Cashel and Tipperary

To book your assessment call James O'Leary on 087-6290311. For just €50 you could save your life!

www.irishnaturalmedicare.ie