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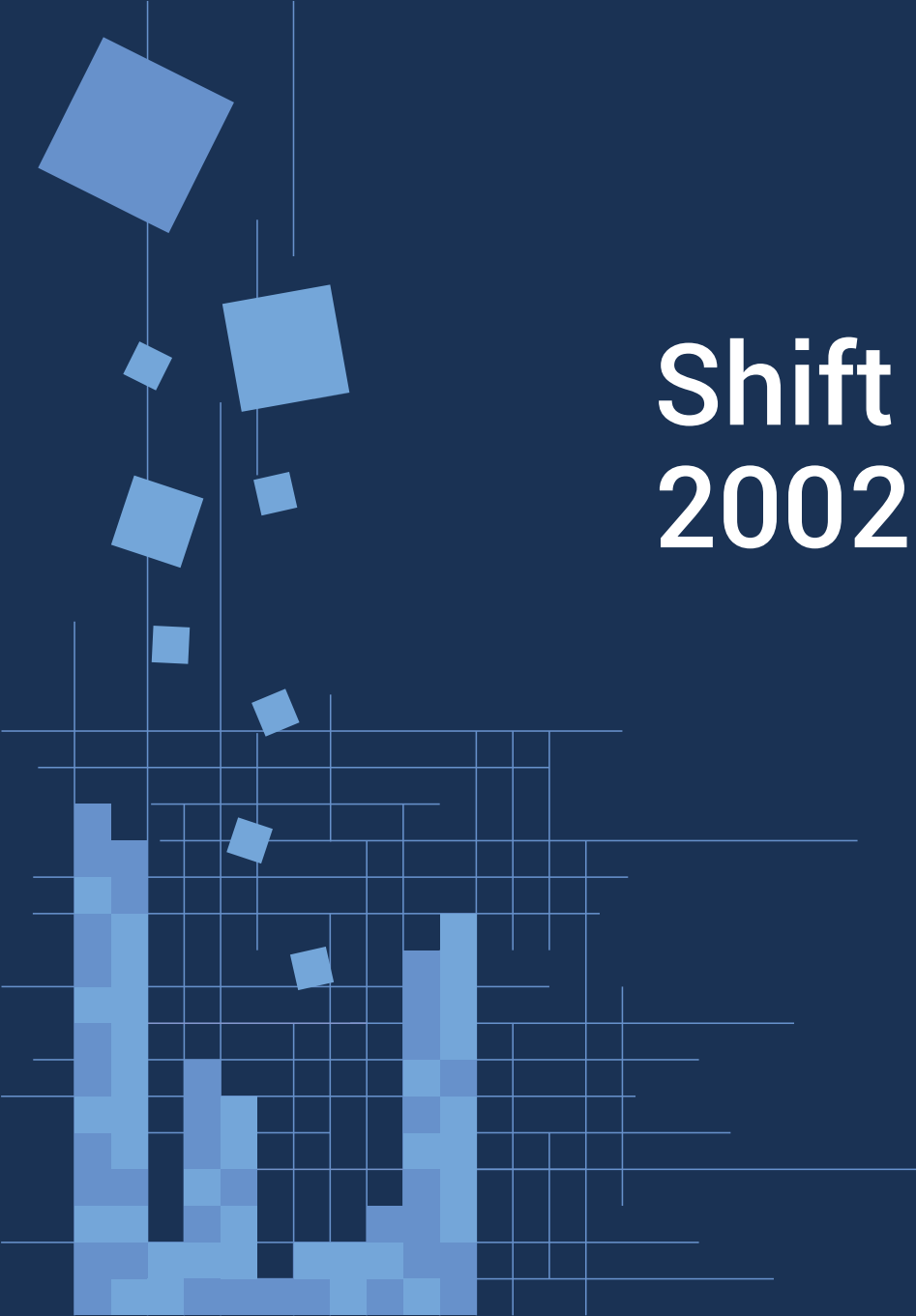
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# Shift work in Switzerland 2002-2022

Silvia Perrenoud, FSO

Meeting of the Group of Experts on Quality of  
Employment, 14-16 May 2024



# Content

- Shift work and quality / forms of employment
- Swiss publication on shift work 2002-2022
- Definition of shift work
- Main findings



# Shift work and quality / forms of employment

# Shift work and quality of employment

No indicator on shift work in *Handbook on Measuring Quality of Employment*, but related to different indicators:

- 1a: Safety at work
  - 1a1 / 1a2: occupational injuries
  - 1a3 / 1a4: exposure to physical / mental health risk factors
- 3a: Working hours
  - 3a1: mean weekly working hours
  - 3a2: long working hours
- 3b: Working time arrangements
  - 3b1: night work
  - 3b2: evening work
  - 3b3: weekend work

# Shift work and forms of employment

## Handbook on Forms of Employment:

- Work modalities: working time → timing of the work day

3.31 Finally, **split shift arrangements** refer to schedules characterized by multiple blocks of working periods—each with a distinct start and end point—within the same day that are interrupted by long unpaid non-working period (California Department of Industrial Relations, 2018; Kullander & Eklund, 2010). Split shifts refer to a schedule assigned by an employer rather than being at the discretion of the worker. Part of the split shift may occur during the day, in the evening, or at night.

- List of recommended indicators (time of day worked)
  - Employees who work split shifts



# Swiss publication on shift work 2024

# Publication on shift work in 2024

- New publication on «Shift workers in Switzerland 2002-2022» and press release
- New table with detailed results
- Sources: Swiss Labour Force Survey (SLFS), Labour Force Survey (LFS) Eurostat
- Main topics: development, characteristics and health status of shift workers



# Definition of shift work



# Definition of shift work

- Question in Swiss LFS:

«Do you do shift work?»

*Info:* Shift work = groups of workers perform the same work in rotation

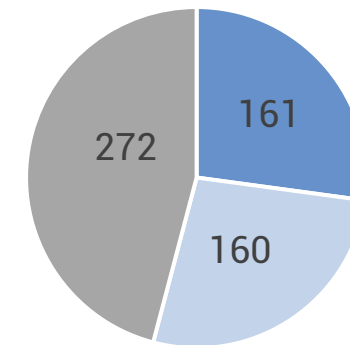
- Self-declaration: no verification if the respondent performs shift work in a legal sense
- 2022: 593 000 shift workers

# Shift workers by working hours

Consideration of rotating working hours: 3 analysis groups

- Shift workers with rotating working hours (54%)
  - Incl. night work (27%)
  - Without night work (27%)
- Rest of shift workers (46%)

Shift workers 2022

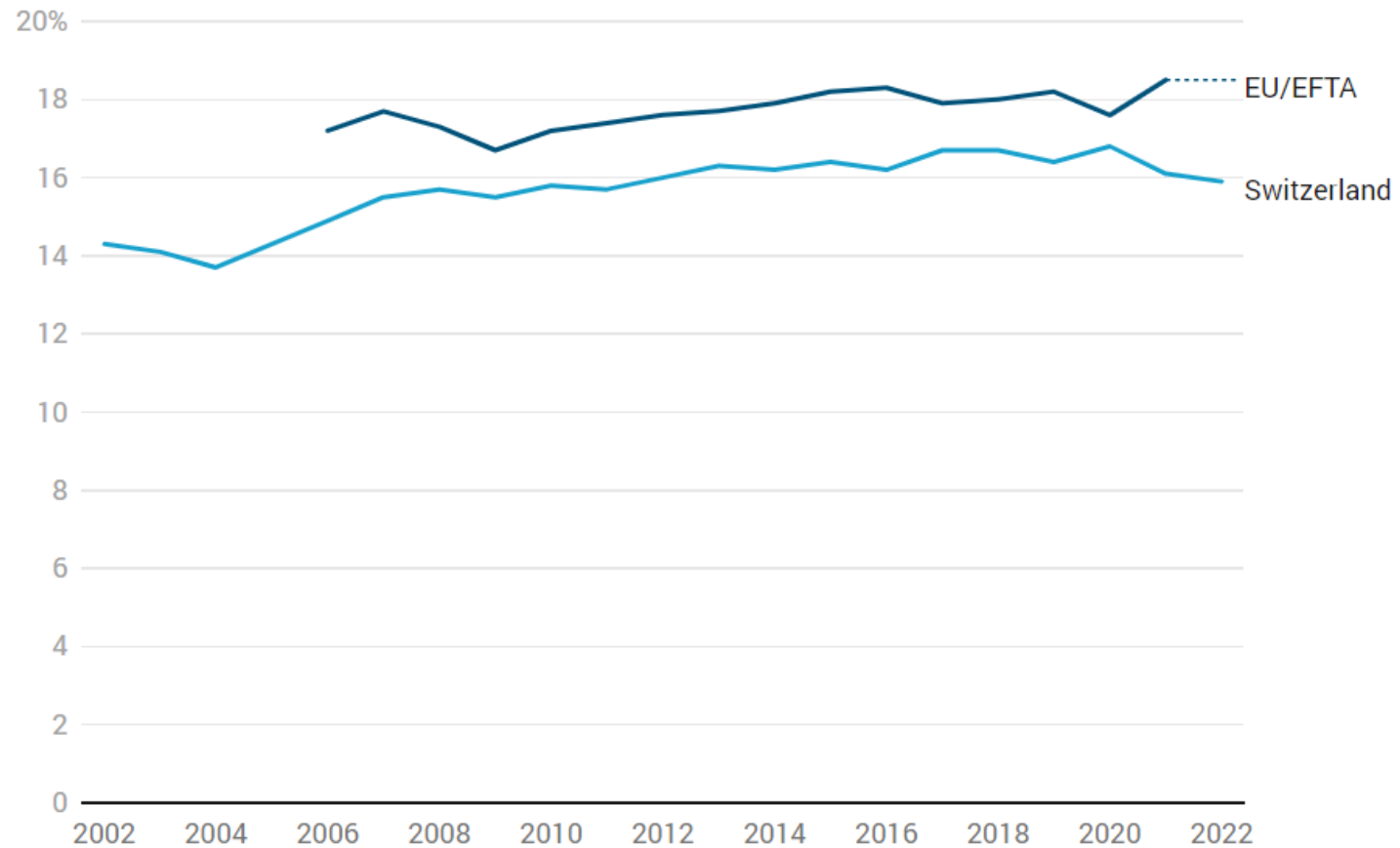


- Rotating working hours incl. night work
- Rotating working hours without night work
- Rest of shift workers



# Main findings

# Development of shift work



# Parts of shift workers by characteristics, 2022

■ incl. night work ■ without night work

## Total



## Sex



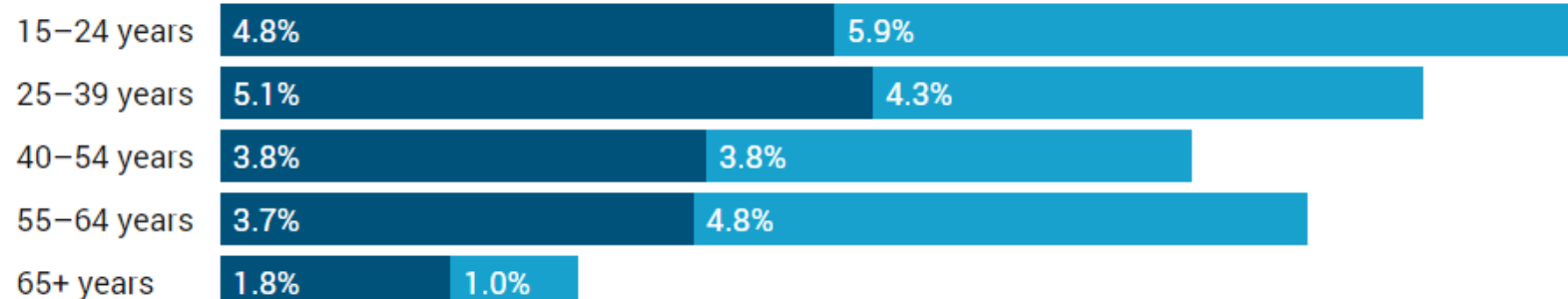
## Nationality



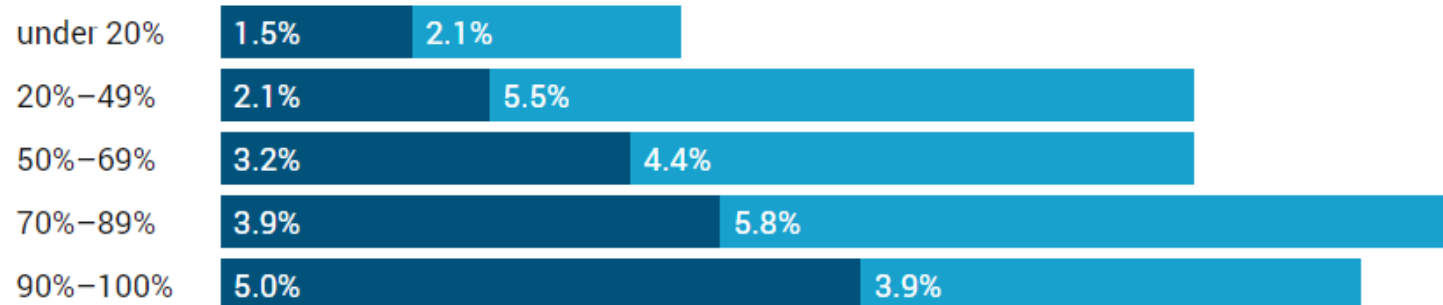
# Parts of shift workers by characteristics, 2022

■ incl. night work ■ without night work

## Age



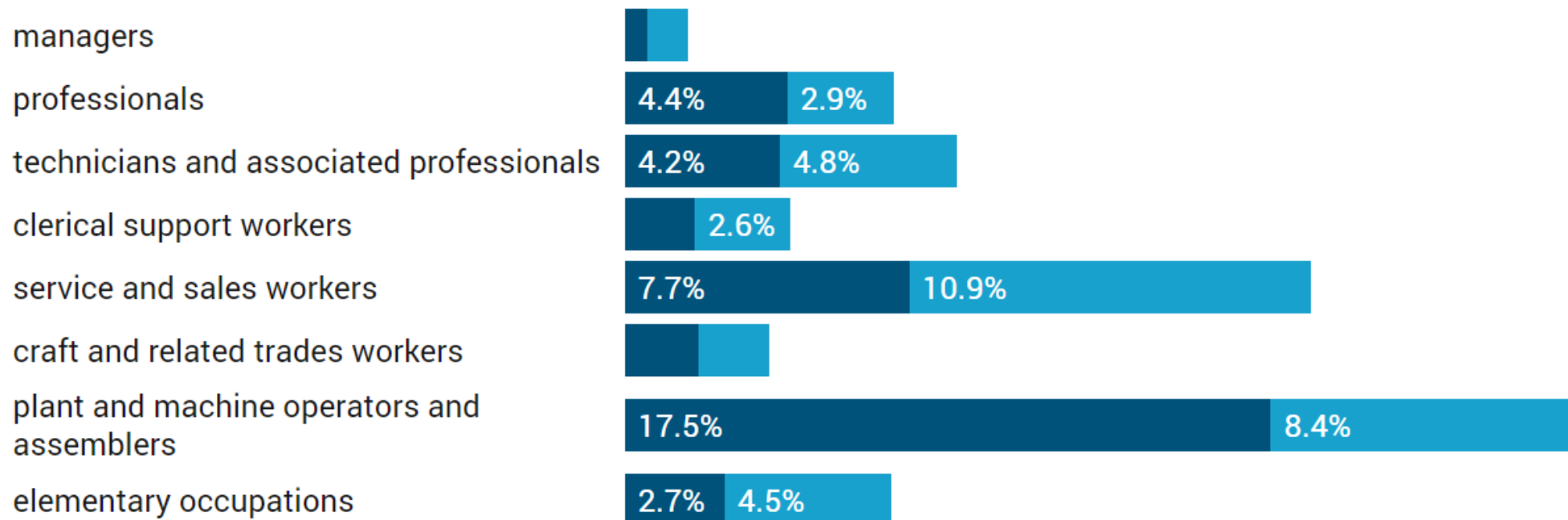
## Work-time percentage



# Parts of shift workers by characteristics, 2022

■ incl. night work ■ without night work

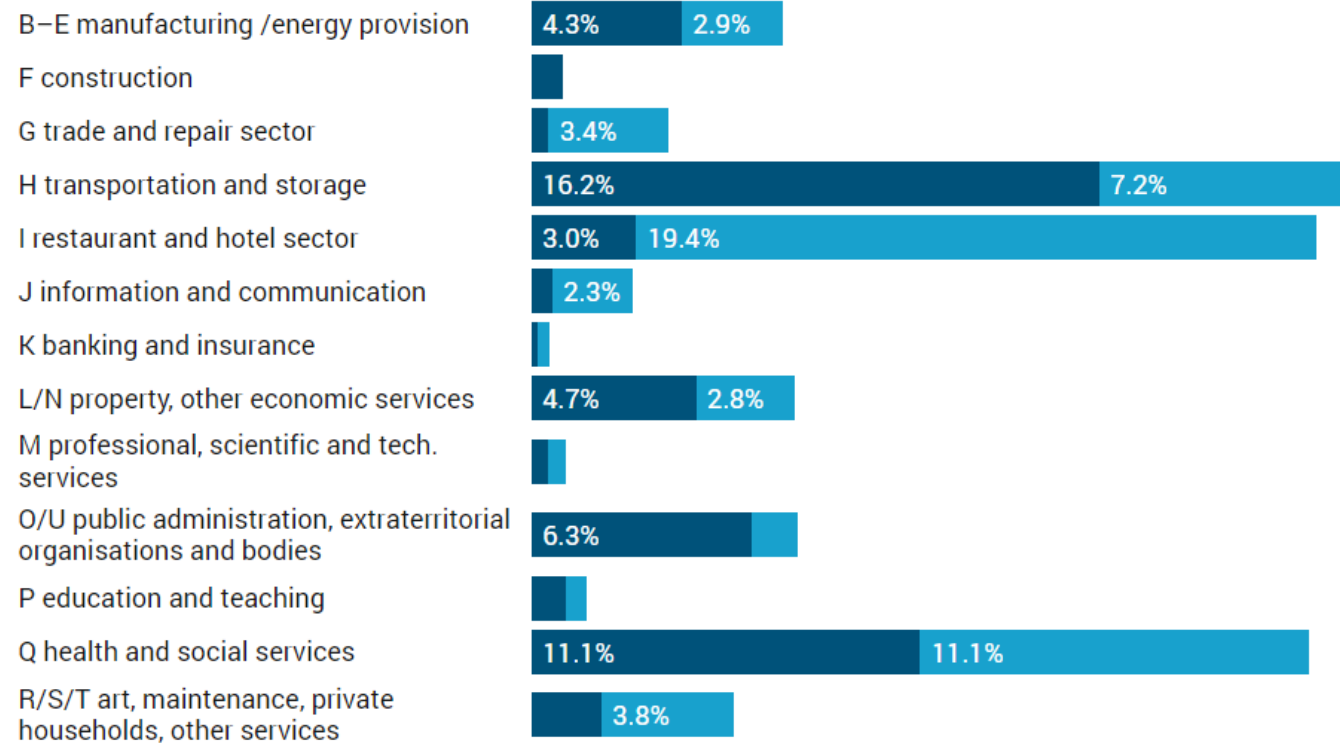
## Major occupation groups (CH-ISCO-19)



# Parts of shift workers by characteristics, 2022

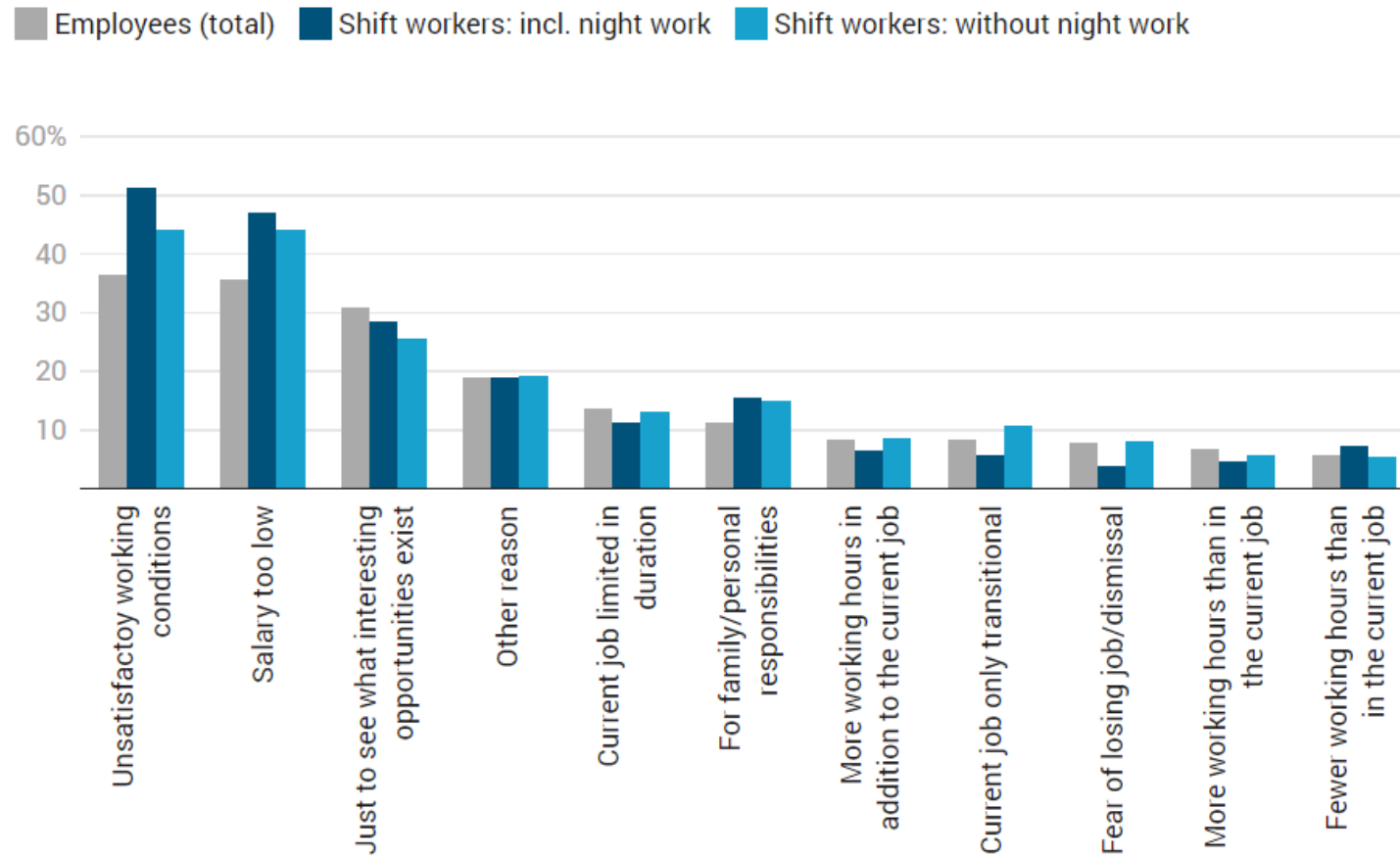
■ incl. night work ■ without night work

## Economic activities

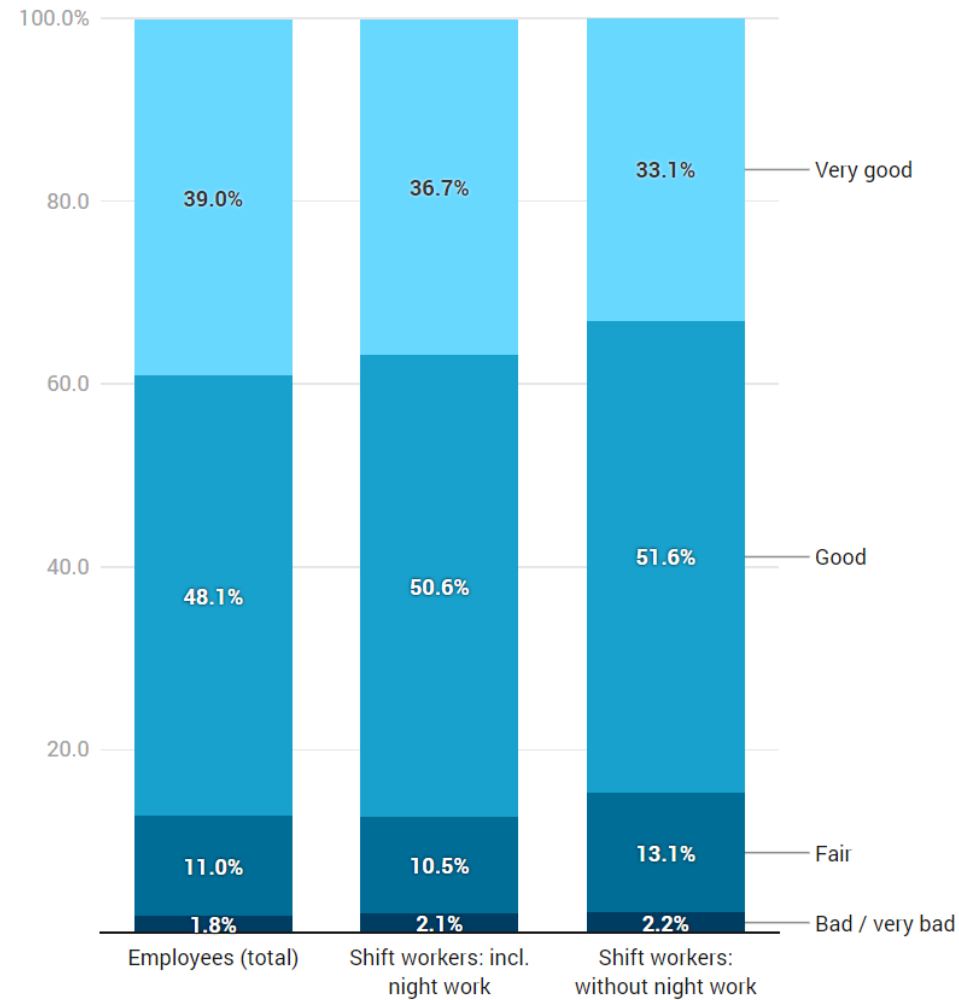




# Reasons for looking for a new/additional job, 2022



# General state of health, 2022



# Accidents at work and health problems, 2020

■ Employees (total) ■ Shift workers (total with rotating working hours) ■ Shift workers: incl. night work  
■ Shift workers: without night work

